



#### March 2020 ACS Rail Updates

Welcome to the **March 2020** edition of ACS Rail updates. The following pages contain summaries of updates which may be relevant to you. Please brief and distribute this information to the relevant people as per your internal procedures.

The ACS Team

Content	Page
Changes to Network Rail Standards	2
Making sure you are aware of the relevant standards	
New and Up-Issued Standards	
Withdrawn, Closed and Superseded Documents	5
Emergency Changes (Previously Known as Letters of Instruction)	7
RSSB - Standards and the rail industry	9
Railway Group Standards (RGSs)	9
Rule Book (GE/RT8000)	9
GE/RM8000 Master Module Manual	9
Controlled Document List 07 March 2020	10
Network Rail Safety Central – Information Section	19
Code of Conduct	
Safety Bulletins as of 9th December 2019	19
Lessons Learnt / Shared Learning	19
Health & Wellbeing	20
Risk Management	20
Safety Films	20
Resource Library	
SCO 24:7 (Supply Chain – Operations) Telephone	
Emergency	
To report a crime	20
Useful Links	21
Other Bulletins	24
Track Safety Alliance	
Southern Shield	
Safety 3-4-3 and Fleet 3-4-3	45

#### **BRIEFING REQUIREMENTS:**

**NOTE:** Contractors are responsible for arranging and undertaking and recording their own Safety and Awareness Briefings in accordance with their own processes and procedures.









## **Changes to Network Rail Standards**

Issue 115: 07<sup>th</sup> March 2020 – 05<sup>th</sup> June 2020

#### Making sure you are aware of the relevant standards

Every employee has a duty to comply with any mandatory Network Rail company standards and procedures relevant to their role. It is vital therefore that all employees are aware of which standards are relevant to their area of work, and where to find them. Network Rail Standards can be accessed via:

- For users internal to Network Rail: Network Rail Standards pages on Connect
- For users external to Network Rail: all enquiries should be directed to IHS Customer Care on 01344 328 300 or email customer.support@ihs.com

#### **Other Information**

Network Rail Standards Subscriptions IHS Global Ltd Phone: 01344 328000

Network Rail Standards & Controls Publications Manager Neil Whitaker Phone: 01908 782564

#### Network Rail Standards Hard Copy Document Centre

IHS Retail Phone: 01344 328039 Fax: 01344 328005 or email: <u>emeastore@ihs.com</u>

#### **Railway Group Standards**

Rail Safety & Standards Board Enquiry Desk Phone: 020 3142 5400 Website <u>www.rssb.co.uk</u>

#### **Network Rail Technical Drawings**

National Records Group Email: <u>nrgcivils@networkrail.co.uk</u>

You must make sure that the team and the activities for which you are responsible comply with the Network Rail company standards and procedures.

By doing this, you will be complying with the Network Rail Health & Safety Management System and relevant legislation.

## The following pages contain summary extracts of the changes / new issue to the Network Rail Company Standards which may be relevant to you.





#### New and Up-Issued Standards Issue 115 - 07 March 2020

References	Title	Replaces
NR/GN/SIG/50011 Issue 2	Methodology for the Demonstration of Compatibility with Axle Counters	NR/SP/SIG/50011 Issue 1
NR/GN/SIG/CAT005 Issue 54	Index of Network Rail Documents Relating to Signalling and Communications Equipment	NR/GN/SIG/CAT005 Issue 53
NR/L1/CIV/192 Issue 1	Management of Lift Assets	New at Issue 115
NR/L1/CIV/195 Issue 1	Management of Escalator and Moving Walk Assets	New at Issue 115
NR/L1/TRK/100 Issue 1	Management of Track Assets	New at Issue 115
NR/L1/XNG/100 Issue 2	Level Crossing Asset Policy	NR/L1/XNG/100 Issue 1
NR/L2/CIV/044 Issue 4	Planning, Design and Construction of Undertrack Crossings	NR/L2/CIV/044 Issue 3
NR/L2/CIV/095 Issue 1	Asset Protection and Optimisation Management of Third Party Works on Network Rail Infrastructure	NR/L2/INI/CP0043 Issue 3
NR/L2/CIV/177 Issue 2	Monitoring Track Over or Adjacent to Construction Works	NR/L2/CIV/177 Issue 1
NR/L2/CIV/191 Issue 1	Mining Manual	NR/L3/CIV/037 Issue 3 NR/L3/CIV/038 Issue 1
NR/L2/CIV/250 Issue 1	Landlord's Consent	New at Issue 115
NR/L2/ELP/23003 Issue 1	Technical Requirements for Transformers, Rectifiers, and Oil Containment Systems used in A.C. & D.C. Electrification	NR/L2/ELP/27400 Issue 2 NR/PS/ELP/27185 Issue 2 NR/SP/ELP/21036 Issue 2 NR/SP/ELP/21075 Issue 2 NR/SP/ELP/21019 Issue 2 NR/SP/ELP/21020 Issue 2 NR/SP/ELP/21021 Issue 2
NR/L2/ELP/27801 Issue 1	Portable 25 kV Earths and Earth Continuity Jumpers	New at Issue 115
NR/L2/MTC/10662 Issue 12	Process for the Creation of New or Revised Maintenance Regimes using Reliability Centred Maintenance (RCM)	NR/L2/MTC/10662 Issue 11 NR/GN/SIG/10670 Issue 2
NR/L2/MTC/MG0215 Issue 1	Demarcation of Maintenance Boundaries	New at Issue 115
NR/L2/OHS/022 Issue 2	Working Safely at Height	NR/L2/OHS/022 Issue 1
NR/L2/OPS/253 Issue 1	Specification for Rail Operating Centres	New at Issue 115
NR/L2/OTK/5100 Issue 3	Boundary Measures Manual	NR/L2/OTK/5100 Issue 2
NR/L2/OTK/5201 Issue 4	Lineside Vegetation Management Manual	NR/L2/OTK/5201 Issue 3
NR/L2/RSE/0005 Issue 4	Product Design for Reliability	NR/L2/RSE/0005 Issue 3
NR/L2/SIG/19820 Issue 5	Signalling and Level Crossing Product Specifications	NR/L2/SIG/19820 Issue 4 NR/L3/SIG/10120 Issue 1
NR/L2/SIG/30014 Issue 16	Signalling Works Testing Handbook	NR/L2/SIG/30014 Issue 15
NR/L2/SIG/50030 Issue 1	Management of ERTMS National Identities	New at Issue 115
NR/L2/TEL/013 Issue 3	Competence in Telecommunications Engineering	NR/L2/CTM/013 Issue 2
NR/L2/TEL/30002 Issue 5	Operational Concentrator System (OCS)	NR/SP/TEL/30002 Issue 4 NR/SP/TEL/30031 Issue 2
NR/L2/TRK/001 Issue 15	Inspection and Maintenance of Permanent Way	NR/L2/TRK/001 Issue 14
NR/L2/TRK/053 Issue 9	Inspection and Repair to Control the Risk of Derailment at Switches	NR/L2/TRK/053 Issue 8
NR/L2/TRK/3038 Issue 7	Longitudinal Bearer Systems – Inspection, Maintenance and Design	NR/L2/TRK/3038 Issue 6
NR/L2/TRK/4900 Issue 2	Inspection Gauges for Plain Line Track and S&C	NR/L3/TRK/4900 Issue 1
NR/L2/TRK/9020 Issue 2	Structural Expansion Joints – Design, Installation and Maintenance	NR/L2/TRK/9020 Issue 1
NR/L3/CIV/151/F010 Issue 15	Index of Standard Designs and Details for Building and Civil Engineering Works	NR/L3/CIV/151/F010 Issue 14
NR/L3/ELP/27052 Issue 5	Working Instructions for D.C. Electrified Lines on the Northern City Line	NR/WI/ELP/27052 Issue 4
NR/L3/ELP/27237 Issue 18	Overhead Line Work Instructions	NR/L3/ELP/27237 Issue 17
NR/L3/ELP/27240 Issue 9	Distribution Work Instructions	NR/L3/ELP/27240 Issue 8
NR/L3/MTC/II0219 Issue 3	Intelligent Infrastructure Remote Condition Monitoring Manual	NR/L3/MTC/II0219 Issue 2

3





References	Title	Replaces
NR/L3/MTC/MG0213 Issue 15	Index of Standard Maintenance Forms	NR/L3/MTC/MG0213 Issue 14
NR/L3/MTC/RCS0216 Issue 16	Risk Control Manual	NR/L3/MTC/RCS0216 Issue 15
NR/L3/OPS/021 Issue 4	Weather Management Index	NR/L3/OPS/021 Issue 3
NR/L3/OPS/084 Issue 5	Line Clear Arrangements Following Engineering Works in Axle Counter Areas – Line Clear Verification Process	NR/L3/OPS/084 Issue 4
NR/L3/SIG/10661 Issue 19	Signalling Maintenance Task Intervals	NR/L3/SIG/10661 Issue 18
NR/L3/SIG/10663 Issue 11	Signalling Maintenance Specifications	NR/L3/SIG/10663 Issue 10
NR/L3/SIG/10665 Issue 18	Reliability Centred Maintenance of Signalling Equipment	NR/L3/SIG/10665 Issue 17
NR/L3/SIG/11231 Issue 14	Signalling Maintenance Testing Handbook	NR/L3/SIG/11231 Issue 13
NR/L3/SIG/19808 Issue 4	Hy-Drive Supplementary Point Drive System	NR/L3/SIG/19808 Issue 3
NR/L3/TEL/30175 Issue 1	Ethernet Services Commissioning Tests	New at Issue 115
NR/L3/TRK/003 Issue 33	Index of Track Engineering Forms	NR/L3/TRK/003 Issue 32
NR/L3/TRK/055 Issue 3	Work Instructions for Ultrasonic Rail Testing	NR/L3/TRK/055 Issue 2
NR/L3/TRK/3416 Issue 1	Management of Rails Ultrasonically Tested by the Ultrasonic Test Unit (UTU)	NR/L2/TRK/1120 Issue 2
NR/SIN/184 Issue 1	Control and Documentation of Maintenance Boundaries (Track)	New at Issue 115
NR/SIN/186 Issue 1	Special Inspection of Ring Main Units	New at Issue 115
NR/SIN/191 Issue 1	Inspection of Elevated Housings in Balfour Beatty RT60 S&C Units	New at Issue 115





#### Withdrawn, Closed and Superseded Documents

References	Title	Replaced by/Status
NR/GN/SIG/10670 Issue 2	ROSE Project – Implementation Guide	NR/L2/MTC/10662 Issue 12
NR/L1/XNG/100 Issue 1	Level Crossing Asset Management Policy	NR/L1/XNG/100 Issue 2
NR/L2/CIV/044 Issue 1	Planning, Design and Construction of Undertrack Crossings	NR/L2/CIV/044 Issue 2
NR/L2/CIV/177 Issue 1	Monitoring Track Over or Adjacent to Building and Civil Engineering Works	NR/L2/CIV/177 Issue 2
NR/L2/CTM/013 Issue 2	Training and Competence in Telecommunication Engineering	NR/L2/TEL/013 Issue 3
NR/L2/ELP/27400 Issue 2	Specification for 25-0-25kV Traction Autotransformers	NR/L3/ELP/23003 Issue 1
NR/L2/INI/CP0043 Issue 3	Management of Third Party Works on Network Rail	NR/L2/CIV/095 Issue 1
NR/L2/MTC/10662 Issue 11	Process for the Implementation of New or Revised Maintenance Regimes Using Reliability Centred Maintenance (RCM)	NR/L2/MTC/10662 Issue 12
NR/L2/OHS/022 Issue 1	Working Safely at Height	NR/L2/OHS/022 Issue 2
NR/L2/OTK/5100 Issue 2	Boundary Measures Manual	NR/L2/OTK/5100 Issue 3
NR/L2/OTK/5201 Issue 3	Lineside Vegetation Management Manual	NR/L2/OTK/5201 Issue 4
NR/L2/SIG/19820 Issue 4	Signalling and Level Crossing Product Specifications	NR/L2/SIG/19820 Issue 5
NR/L2/TRK/001 Issue 14	Inspection and Maintenance of Permanent Way	NR/L2/TRK/001 Issue 15
NR/L2/TRK/053 Issue 8	Inspection and Repair to Control the Risk of Derailment at Switches	NR/L2/TRK/053 Issue 9
NR/L2/TRK/1120 Issue 2	Management of Rail Testing using Train Based Sperry- Equipped Ultrasonic Test Unit (Sperry UTU)	NR/L3/TRK/3416 Issue 1
NR/L2/TRK/3038 Issue 6	Longitudinal Bearer Systems – Inspection, Maintenance and Design	NR/L2/TRK/3038 Issue 7
NR/L2/TRK/3038 Issue 6	Longitudinal Timbers – Design, Installation and Maintenance	NR/L2/TRK/3038 Issue 7
NR/L2/TRK/9020 Issue 1	Structural Expansion Joints – Design, Installation and Maintenance	NR/L2/TRK/9020 Issue 2
NR/L3/CIV/037 Issue 3	Managing the Risk Arising from Mineral Extraction and Landfill Operations	NR/L2/CIV/191 Issue 1
NR/L3/CIV/038 Issue 1	Managing the Potential Effects of Coal Mining Subsidence	NR/L2/CIV/191 Issue 1
NR/L3/CIV/F010 Issue 14	Index of Standard Designs and Details for Building and Civil Engineering Works	NR/L3/CIV/F010 Issue 15
NR/L3/ELP/27237 Issue 17	Overhead Line Work Instructions	NR/L3/ELP/27237 Issue 18
NR/L3/ELP/27240 Issue 8	Distribution Work Instructions	NR/L3/ELP/27240 Issue 9
NR/L3/MTC/II0219 Issue 2	Intelligent Infrastructure Remote Condition Monitoring Manual	NR/L3/MTC/II0219 Issue 3
NR/L3/MTC/MG0213 Issue 14	Index of Standard Maintenance Forms	NR/L3/MTC/MG0213 Issue 15
NR/L3/MTC/RCS0216 Issue 15	Risk Control Manual	NR/L3/MTC/RCS0216 Issue
NR/L3/OPS/021 Issue 3	Weather Management Index	NR/L3/OPS/021 Issue 4
NR/L3/OPS/084 Issue 4	Line Clear Arrangements following Engineering Works in Axle Counter Areas – Line Clear Verification Process	NR/L3/OPS/084 Issue 5
NR/L3/SIG/10120 Issue 1	Automated Route Setting Specification	NR/L2/SIG/19820 Issue 5
NR/L3/SIG/10661 Issue 18	Signalling Maintenance Task Intervals	NR/L2/SIG/19620 Issue 3
NR/L3/SIG/10663 Issue 10	Signalling Maintenance Specifications	NR/L3/SIG/10663 Issue 11
NR/L3/SIG/10665 Issue 17	Reliability Centred Maintenance of Signalling Equipment	NR/L3/SIG/10665 Issue 18
NR/L3/SIG/11231 Issue 13	Signalling Maintenance Testing Handbook	NR/L3/SIG/11231 Issue 14
NR/L3/SIG/11231 Issue 13	Signalling Maintenance Testing Handbook	NR/L3/SIG/11231 Issue 14
NR/L3/SIG/19808 Issue 3	Hy-Drive Supplementary Point Drive System	NR/L3/SIG/19808 Issue 4
NR/L3/TRK/055 Issue 2	Work Instructions for Ultrasonic Rail Testing	NR/L3/TRK/055 Issue 3
NR/L3/TRK/4900 Issue 1	Track Gauge Specification	NR/L3/TRK/055 Issue 3 NR/L2/TRK/4900 Issue 2
NR/PS/ELP/27185 Issue 2	25kV Power Transformers and Voltage Regulators for Auxiliary Supplies	NR/L3/ELP/23003 Issue 1
NR/SP/ELP/21019 Issue 2	Specification for Transformer/rectifier Equipments for DC Traction Substation	NR/L3/ELP/23003 Issue 1





NR/SP/ELP/21020 Issue 2	Specification for 11, 22, 33 kV Aux. Transformer up to and	NR/L3/ELP/23003 Issue 1
	Including 500kVA for DC Traction	
	Substations	
NR/SP/ELP/21021 Issue 2	Specification for Step-down 3-phase Transformers and	NR/L3/ELP/23003 Issue 1
	Earthing Resistors for Power Distribution	
	in DC Traction Systems	
NR/SP/ELP/21036 Issue 2	Specification for 25kV Booster Transformers for AC	NR/L3/ELP/23003 Issue 1
	Electrified Lines	
NR/SP/ELP/21075 Issue 2	Specification for DC Immune 25kV Single Phase Isolating	NR/L3/ELP/23003 Issue 1
	Transformers for Interfaces Between AC and DC	
	Electrified Lines	
NR/SP/TEL/30002 Issue 4	Signal Post Telephone Concentrator Systems	NR/L2/TEL/30002 Issue 5
NR/SP/TEL/30031 Issue 2	Signal Box Telephone Concentrator System Design and	NR/L2/TEL/30002 Issue 5
	Application Requirements	
NR/WI/ELP/27052 Issue 4	Working Instructions for D.C. Electrified Lines on the	NR/L3/ELP/27052 Issue 5
	Northern City Line	







#### **Emergency Changes (Previously Known as Letters of Instruction)**

To access any active Emergency Change you need to refer to its associated Network Rail Standard. The front page of the standard will provide details of the relevant change. When using the online service there will be an active link to each relevant change.

Historic changes (where text has been crossed out) will be removed next publication. Please note, some changes may stay current after the stated Expiry Date

Reference	Title	Issue	Date
NR/BS/LI/427	Standard affected: NR/L2/ELP/27229 (Issue 2), Specification for remote control equipment for electrical distribution systems	1	13/11/2019
NR/BS/LI/426	Standard/control document affected: NR/L1/CIV/032 (Issue 2), The Management of Structures	1	26/07/2019
NR/BS/LI/425	Standard/control document affected: NR/L2/ELP/27325 Train Borne Monitoring of Traction Power Contact Systems	1	10/05/2019
NR/BS/LI/424	Standard/control document affected: NR/SP/SIG/19812 (issue 1), Cross Track Cable Management	1	18/04/2019
NR/BS/LI/423	Standard/control documents affected: NR/L2/TRK/001/mod07 [ Issue: 8 ] Management of rail defects	1	11/03/2019
NR/BS/LI/422	Standard/control documents affected: NR/L3/TRK/055/U15 (Issue 1), [Ultrasonic testing of rail using the Sperry roller search unit rail testing system including identification & sizing of 370 suspects reported by the UTU]	1	11/03/2019
NR/BS/LI/420	Standard/control document affected: NR/SP/ELP/21060 (Issue 2), Issue of Safety Documentation for Work on 650/750 V dc Apparatus	1	29/04/2019
NR/BS/LI/419	Standard/control document affected: NR/L3/ELP/29987 [Working On or About 25 kV a.c. Electrified Lines] (Issue 5) – SUPERSEDES ISSUE 1	2	13/02/2020
NR/BS/LI/416	Standard/control document affected: NR/L2/CTM/018 Issue 2, Competency & Training in Traction Power Distribution	1	05/02/2019
NR/BS/LI/413	Standard/control document affected: NR/L2/OHS/022 Issue 1, Working Safely at Height.	1	04/01/2019
NR/BS/LI/410	Standard affected: NR/L2/ELP/27229 (Issue 2), Specification for remote control equipment for electrical distribution systems-SUPERSEDED BY NR/BS/LI/427 – HISTORIC ON 13 NOVEMBER 2019	1	<del>14/12/2018</del>
NR/BS/LI/397	Standard/control document affected: NR/SP/CTM/016 Issue 1, Competency & Training in Fixed Plant Engineering – HISTORIC ON 29 NOVEMBER 2019 -	1	<del>20/04/2018</del>
NR/BS/LI/389	Standard affected: NR/L2/SIG/30009 (Issue 11). Signalling Principles Handbook	1	13/02/2017
NR/BS/LI/387	Standard/control document affected: NR/L3/ELP/21067 (Issue 5), Instructions for making out, issuing and cancelling high voltage Permits to Work, Sanctions for Test and Circuit State Certificates – HISTORIC ON 29 NOVEMBER 2019	1	26/07/2017
NR/BS/LI/383	Standard affected: NR/L2/CTM/021 (Issue 4). Competence and Training	2	08/12/2016
NR/BS/LI/371	Standard affected: NR/L2/CIV/162 (Issue 2). Platform Extensions. Location of metal structures on Third Rail area Station Platforms	1	02/03/2016
NR/BS/LI/365	Standard affected: NR/L3/TRK/4004 (Issue 2). Switch and Crossing Assemblies SUPERSEDED BY NR/L3/TRK/4004 ISSUE 3 – HISTORIC ON 7TH MARCH 2020	2	<del>16/06/2016</del>
NR/BS/LI/348	Requirements for undertaking the roles of Lead Examiner and Examining Engineer for the examination of Tunnels. Standards affected: NR/L3/CIV/006 Part 4A Issue 1, NR/L3/CIV/006 Part 4B Issue 1 and NR/L3/CIV/006 Part 1D Issue 1. SUPERSEDED BY NR/L3/CIV/006 ISSUE 9 – HISTORIC ON 1 APRIL 2021	1	23/02/2015
NR/BS/LI/347	Standard affected: NR/L2/CTM/028 (Issue 2). Competence and Training	1	16/01/2015
NR/BS/LI/342	Standard affected: NR/SP/ELP/21028 (Issue 3). Specification for ancillary wiring of electrical distribution equipment on A.C. and D.C. electrified lines	1	13/04/2016
NR/BS/LI/340	Standards affected: NR/L3/TRK/4004 (Issue 2). Switch and crossing assemblies SUPERSEDED BY NR/L3/TRK/4004 ISSUE 3 – HISTORIC ON 7 MARCH 2020	1	<del>07/01/2015</del>
NR/BS/LI/331	Requirements for parapet heights on over bridge and footbridge structures spanning overhead line electrification equipment	2	07/08/2015
NR/BS/LI/328	Standard affected: NR/SP/ELP/21104 (ISSUE 2). Design and Installation of Electric Track Equipment for DC Electrified Lines	1	28/03/2014
NR/BS/LI/326	Standard affected: NR/L2/OHS/050 (Issue 4), Sentinel Scheme Rules	1	16/04/2014
NR/BS/LI/306	Standard affected: NR/L1/CIV/032: The Management of Structures [Issue 2]	2	26/09/2014





NR/BS/LI/305	Standards Affected: NR/L2/TRK/001 Issue 6. NR/L2/TRK/2102 Issue 6. NR/L2/TRK/3038 Issue 5. NR/L2/TRK/0032 Issue 5.NR/L2/TRK/0132 Issue 6. NR/L3/TRK/3510/A01 Issue 1. NR/L3/TRK/3510/B01 Issue 1.NR/L3/TRK/1015 Issue 2	2	31/01/2014
NR/BS/LI/292	NR/L3/TRK/1010 (Issue 2). Management of responses to extreme weather conditions at structures. earthworks and other key locations	1	18/07/2013
NR/BS/LI/283	Standard affected: NR/L3/TRK/4004 (Issue 2). Switch and Crossing Assemblies SUPERSEDED BY NR/L3/TRK/4004 ISSUE 3 – HISTORIC ON 7 MARCH 2020	2	<del>14/09/2015</del>
NR/BS/LI/256	Standard affected: NR/SP/ELP/27243 (Issue 1). Specification for Signalling Power Supplies	2	24/10/2016
NR/BS/LI/217	Standards affected: NR/SP/ELP/27224 [Issue: 2] Specification for the installation of cable routes forming part of the traction distribution system	4	25/01/2016
NR/BS/LI/193	Standards affected: NR/L3/CIV/006 Part 11A: Reporting and recording examinations of Structures in CARRS [Issue 2] SUPERSEDED BY NR/L3/CIV/006 – HISTORIC ON 1 APRIL 2020	2	03/09/2014





## **RSSB - Standards and the rail industry**

Access all current (and many withdrawn) Railway Group Standards, Rail Industry Approved Codes of Practice (RACOPs), Guidance Notes (GNs) and Rail Industry Standards (RISs).

http://www.rssb.co.uk/railway-group-standards

Useful links:

- <u>Catalogues</u>
- Document structure and type categories
- <u>Railway Group Standards Help Manual</u>
- Rule Book module matrix

#### Railway Group Standards (RGSs)

Mandatory requirements for the GB mainline railway system are defined in Railway Group Standards (RGSs). They facilitate the management and operation of the mainline railway as a shared system. RGSs set out technical requirements applicable to vehicles or the infrastructure, or processes applicable to transport operators.

#### http://www.rssb.co.uk/railway-group-standards

#### Rule Book (GE/RT8000)

The Rule Book (GE/RT8000) and other National Operations Publications are documents that contain direct instructions for railway staff.

The Rule Book is held in printed copy by over 100,000 people, and as such is probably the best known and most widely distributed in the entire RSSB catalogue. Even greater numbers of people are known to use it as a reference and information document both from the United Kingdom and abroad using the online version.

You can still order hard copies of individual standards and Rule Book modules or handbooks from Willsons External link (Tel: 01636 702334) or download them from the Railway Group Standards section of this site.

#### **Rule Book Briefing Leaflet**

GERT8000-RBBL lss 33

Issued: 07/09/2019 In Force: 07/12/2019

#### **GE/RM8000 Master Module Manual**

RSSB has produced this manual to provide end-users with access to the content of GE/RT8000 (The Rule Book) that is relevant to all roles as defined in the Rule Book Matrix published by RSSB.

GERM8000-master-module Iss 7.pdf Issued: 07/09/2019 In Force: 07/12/2019





## **Controlled Document List 07 March 2020**

Ref. / Title	lssue No	Issue Date
RAIL MANAGEMENT SYSTEM		
Rail Management System		

Ref. / Title	Issue No	Issue Date
GROUP STANDARDS - http://www.rssb.co.uk/railway-group-standards		
Modular Rulebook GE/RT8000/ (See separate page for listed modules and issue dates)		
GERM8000-master-module Master Module Manual	7	09/2019
GERM8000 Track Workers Manual	6	09/2019
GERM8000 Possession Workers Manual	4	09/2019
GLRT1210 AC Energy Subsystem and Interfaces to Rolling Stock Subsystem	2	12/2019
<b>GLRT1212</b> DC Conductor Rail Energy Subsystem and Interfaces to Rolling Stock Subsystem	1	09/2015
GOGN3655 Guidance on Medical Fitness for Railway Safety Critical Workers	2	06/2014
<b>RIS-1530-PLT</b> Rail Industry Standard for Technical Requirements for On-Track Plant and their Associated Equipment and Trolleys	6	12/2015
RIS-2750-RST Supplier Assurance	1	12/2017
RIS-3118-TOM Incident Response Planning & Management	2	12/2019
RIS-3119-TOM Accident and Incident Investigation	2.2	03/2019
RIS-3279-TOM High Visibility Clothing	2	09/2019
RIS-3701-TOM Confidential Reporting System for Rail Staff	2.1	12/2019
RIS-8046-TOM Spoken Safety Critical Communications	2	12/2016
RIS-8047-TOM Reporting of Safety Related Information	2	03/2018
RIS-8070-TOM Testing Railway Safety Critical Workers for Drugs and Alcohol	1	12/2016

Ref. / Title	Issue No	Issue Date
LONDON UNDERGROUND (LU) STANDARDS		
LUL G1163 Stations DLO - Failure Reporting Analysis & Corrective Action System (FRACAS)	A2	11/2015
LUL G1164 Making a Referral to the Drug and Alcohol Advisory and Treatment Service	A2	04/2014
LUL G1234 Incident recording, investigation and reporting	A4	04/2017
LUL G1241 Alcohol and Drugs at Work Guidelines and Information For Managers	6	07/2009
LUL G1242 Alcohol and Drugs at Work – Managers For Cause and Post Incident Check List	A3	02/2014
LUL G1249 Environmental Incident Categories	A5	07/2018
LUL G557 Electronic Incident Reporting Form (eIRF)	A5	03/2014
LUL LF29 Incident investigation & reporting or recording What you need to remember	01	n/a
LUL R0350 Guidance and advice for the use of personal protective equipment	A1	01/2014
LUL R0403 Personal Protective Equipment (PPE) catalogue	1.1	01/2014
LUL S1251 Alcohol and Work; includes Written Notice 12/24/2014, 6/16/2015	A2	11/2011
LUL S1257 Drugs and Work; Includes Written Notice 01317: 12/24/2014	A2	11/2011
LUL S1552 Contract QUENSH Conditions Incorporating written notice: 10/05/2017, 02/05/2019	A18	11/2016
LUL S1601 Management Arrangements to Assure Medical Fitness	A5	01/2012
LUL TE-HBS-0017 Managing competence and training	A1 Cat 3	02/1995



		ssurance and Compliance Servi
Ref. / Title	Issue No	Issue Date
NETWORK RAIL STANDARDS		
NR/CAT/STP/001 Catalogue of Network Rail Standards	115	03/2020
PTS Handbook RT 3170	09	06/2013
PIS Handbook RT 3170	09	06/2013
NR/L2/AMG/1030 Working Safely in the Vicinity of Buried Services	1	12/2008
NR/GN/CIV/208 Ground Investigation	1	12/2018
NR/L2/CIV/003 Engineering and Architectural Assurance of Building and Civil Engineering Works	5	12/2018
NR/L2/CIV/035 Management of Structures	2	06/2019
NR/L2/CIV/086 Management of Earthworks	9	03/2019
NR/L2/CIV/250 Landlord's Consent	1	03/2020
NR/L2/CIV/295 Scour Assessment of Bridges, Culverts and Retaining Walls	2	09/2018
NR/L3/CIV/006 Handbook for the Examination of Structures	9	09/2019
NR/L3/CIV/040 Work Instruction for the use of Protective Coating Systems	2	06/2019
NR/L3/CIV/170 Assessment of Tunnels	1	03/2019
NR/L3/CIV/185 Management of Reports of Safety Related Geotechnical Incidents	1	09/2017
NR/L3/CIV/190 Developing Extreme Weather Plans	1	12/2017
NR/GN/CPR/401 Guidance on Contractual Health and Safety Requirements	1	12/2008
NR/L2/CPR/201 Supplier Qualification	2	12/2011
NR/L2/CPR/302 Supplier Qualification - Core Requirements (For PCL / POL Holders)	2	09/2011
NR/L2/CSG/STP001 Standards and Controls Management Manual	7	03/2018
NR/CS/CTM/001 Competence Management	1	12/2006
NR/L2/CTM/017 Competence and Training in Civil Engineering	1	06/2006
NR/L2/CTM/021 Competence & Training in Track Safety	4	12/2010
NR/L2/CTM/201 Competence Management	2	03/2012
NR/L2/CTM/202 Quality Assurance in Training & Assessment	3	12/2019
NR/L2/CTM/207 Competence & Training in Planning	2	06/2012
NR/L2/CTM/209 Competence & Training in Safe System of Work Planner	1	12/2010
NR/L2/CTM/220 Competence & Training in Portable, Transportable & Mobile Plant Operation	1	06/2012
NR/L2/CTM/223 Competence & Training in Managing Site Safety	1	06/2011
NR/L2/ELP/21087 Risk Based Maintenance for Overhead Line Assets	8	09/2018
<b>NR/L2/ELP/21088</b> General maintenance parameters for 25 kV overhead line electrification		
equipment	3	12/2015
NR/L2/ELP/27009 Overhead Line Equipment Campaign Changes	3	03/2017
NR/L2/ELP/27307 Management of M&EE Safety Related Event Reports NR/L2/ELP/27402 Specification for protection and control devices for electrical	4	12/2017
systems	1	12/2009
NR/L2/ELP/27715 Overhead Contact System Design Specification	3	09/2018
NR/L3/ELP/27051 Working Instructions for d.c. Electrified Lines in the Liverpool Area NR/L3/ELP/27115 Arrangements for Isolation of the Conductor Rail for Pre-Planned	6 4	09/2019 09/2018
Possessions of the Line		
NR/L3/ELP/27140 Application of Short Circuits for Conductor Rail Isolations	4	03/2019





		ssurance and Compliance Services
Ref. / Title	Issue No	Issue Date
NETWORK RAIL STANDARDS		
NR/L3/ELP/27237 Overhead Line Work Instructions	18	03/2020
NR/L3/ELP/27237 Overhead Line Work Instructions	17	12/2019
NR/L3/ELP/3091 DC Electrified Lines Working Instructions	5	09/2019
NR/SP/ELP/29987 Working on or About 25 KV AC Electrified Lines	5	12/2018
NR/L2/ENV/120 Waste Management	1	12/2019
NR/L2/ENV/121 Managing Environmental and Social Impact of Noise and Vibration	1	12/2019
NR/L2/ENV/123 Prevention of Pollution to Land and Water	1	12/2019
<b>NR/L2/ENV/015</b> Environment and Social Minimum Requirements for Projects – Design and Construction	8	03/2019
NR/L2/ENV/115 Environment and Social Management System Requirements	1	03/2018
NR/L2/INF/02203 Controlled Publications - Issue & Receipt	2	12/2011
NR/L3/INF/02204 Controlled Publications - Process & Accountabilities	3	12/2011
NR/L3/INF/02226 Corporate Records Retention Schedule	3	12/2017
NR/GN/INI/001 Guidance on the Management of Door to Door Work & Travel Time	1	12/2008
NR/L2/INI/CP0070 Principal Contractor Licensing Scheme	5	06/2017
NR/L2/INI/P3M/101 Business Process - Governance of Railway Investment Projects (GRIP) - for	5	09/2017
Projects NR/L2/INI/P3M/104 Network Rail Requirements (formerly NR/L1/INI/CP0095)	2	09/2017
NR/L3/INI/CP0028 Contract Requirements - Quality	3	06/2012
NR/L3/INI/CP0036 Provision of Welfare Facilities	4	08/2012
NR/L3/INI/CP0064 Delivering Work Within Possessions	5	06/2008
	5	00/2017
NR/L2/INV/002 Accident and Incident Reporting and Investigation	13	12/2011
NR/L3/INV/3001 Reporting and Investigation Manual	5	06/2016
<b>NR/L2/MTC/089</b> Arrangements for the Exchange of Asset Data and the Continuing Maintenance of Assets Undergoing Change	2	12/2018
NR/L3/MTC/EN0100 Waste Management	3	06/2012
NR/L3/MTC/EN0101 Management of Discharges to Sewers & Controlled Waters	3	06/2012
NR/L3/MTC/EN0225 Environ Management System for Infrastructure Maintenance	1	06/2012
NR/L3/MTC/EP0152 Working on or Adjacent to Conductor Rail	5	12/2011
NR/L3/MTC/MG0173 Monitoring of Spoken Safety Communications	3	06/2019
<b>NR/L3/MTC/MG0210</b> Management of Maintenance Work within a Worksite to Prevent a Possession Overrun	3	06/2019
NR/L3/MTC/MG0213 Index of Standard Maintenance Forms	15	03/2020
NR/L3/MTC/MG0213 Index of Standard Maintenance Forms	14	12/2019
NR/L3/MTC/RCS0216 Risk Control Manual	16	03/2020
NR/L3/MTC/RCS0216 Risk Control Manual	15	09/2019
NR/L3/MTC/RCS0216/OLE02 Risk Control Manual: Working on Red Bonds/Impedance Bonds	2	03/2012
NR/L3/MTC/SE0115 Confined Spaces Working & Entry Procedure	2	06/2008
NR/L3/MTC/SE0117 Planned Assurance Inspections and Site Surveillance	4	09/2018
NR/CS/OHS/002 Policy on Working Safely	1	02/2007
NR/L1/OHS/051 Drugs and Alcohol	6	12/2015

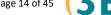




		Assurance and Compliance Service
Ref. / Title	Issue No	Issue Date
NETWORK RAIL STANDARDS		
NR/L1/OHS/052 Traumatic Incident Management	1	06/2016
NR/L1/OHS/053 Assessing Risk of Stress in the Workplace	1	06/2016
NR/L2/OHS/00110 First Aid at Work	6	09/2017
NR/L2/OHS/00112 Worksafe Procedure	2	12/2009
NR/L2/OHS/00120 Testing for Drugs and Alcohol	5	12/2015
<b>NR/L2/OHS/00124</b> Competence Specific Medical Fitness Requirements and Occupational Health Provider Requirements for Medical Assessments	3	12/2016
NR/L2/OHS/003 Fatigue Risk Management	9	12/2019
NR/L2/OHS/0044 Planning and Managing Construction Work replaces NR/L3/INI/CP0044 Work Package Planning	5	12/2016
NR/L2/OHS/0047 Managing Health and Safety in Construction (Application of the Construction (Design and Management) Regulations to Network Rail)	7	06/2019
NR/L2/OHS/005 High Street Environment & Conditions for Work outside Network Rail Managed Infrastructure	7	09/2010
NR/L2/OHS/019 Safety of People working on or near the Line	9	03/2017
NR/L2/OHS/020 Track Visitor Permits	5	08/2008
NR/L2/OHS/021 Personal Protective Equipment and Work Wear	3	06/2009
NR/L2/OHS/022 Working Safely at Height	2	03/2020
NR/L2/OHS/022 Working Safely at Height	1	09/2010
NR/L2/OHS/050 Sentinel Scheme Rules	4	03/2011
NR/L2/OHS/157 Health surveillance for silica and asbestos and the management of diagnosed occupational respiratory conditions	1	03/2017
NR/L3/OHS/0046 The Reporting, Investigation and Recording of Safety and Sustainable Development Events and Close Calls within Infrastructure Projects	3	06/2018
NR/L3/OHS/019-IP Planning and Delivering Safe Work – Implementation Principles for Infrastructure Projects	1	06/2018
<b>NR/L2/OPS/033</b> Recording Spoken Safety Critical Communications between Possession Management and Engineering Trains / On-Track Plant Drivers when Working in Possessions and Worksites.	3	06/2019
NR/L2/OPS/291 Railway Crime Risk Management	1	12/2019
NR/L3/OPS/084 Line Clear Arrangements Following Engineering Works in Axle Counter Areas – Line Clear Verification Process	5	03/2020
NR/L3/OPS/084 Line Clear Arrangements Following Engineering Works in Axle Counter Areas – Line Clear Verification Process (formerly NR/L3/OCS/084)	4	09/2018
NR/L3/OPS/251 Unmanned Aircraft System (Drone/UAS) Operations	3	09/2019
NR/GN/OTK/5000 Issue 1 Index of Off-Track Drawings	1	06/2019
NR/L2/OTK/5201 Lineside Vegetation Management Manual	4	03/2020
NR/L2/OTK/5201 Lineside Vegetation Management Manual	3	09/2019
NR/GN/RMVP/0200 Infrastructure Plant Manual Guidance	1	12/2018
NR/L2/RMVP/0200 Infrastructure Plant Manual	10	12/2018
<b>NR/L3/RMVP/0201</b> Calibration Work Instruction Manual Replaces NR/L3/MTC/ME0201 This standard provides the index and version control of Calibration Work Instructions for the internal calibration and comparison checking of Inspection, Measuring and Test Equipment (IMTE).	2	09/2011
NR/L2/RSE/070 Engineering Verification	2	12/2011
NR/L2/RSE/100 Network Rail Acceptance Panel processes	5	06/2019
NR/L1/RSK/001 Network Rail Risk Policy	3	09/2019
	Ŭ	00/2010



		ssurance and Compliance Services
Ref. / Title	Issue No	Issue Date
NETWORK RAIL STANDARDS		
NR/L3/SCO/313 On-Track Machines (OTMs) Driver and Operations Standards Manual	7	09/2019
NR/L3/SCO/314 Engineering Assurance for T&RS, OTM and OTP Projects	1	12/2018
NR/SIN/185 Identification and Inspection of Plain-Lined S&C	1	06/2019
NR/L2/SIG/11201 Signalling Design Handbook	11	06/2018
NR/L2/SIG/14201 Signalling Risk Assessment Handbook	4	03/2019
NR/L2/SIG/30009 Signalling Principles Handbook	18	12/2019
NR/L2/SIG/30014 Signalling Works Testing Handbook	16	03/2020
NR/L2/SIG/30014 Signalling Works Testing Handbook	15	12/2019
NR/L3/SIG/10064 General Instructions to Staff Working on S&T Equipment	8	06/2019
NR/L3/SIG/10661 Signal Maintenance Task Intervals	19	03/2020
NR/L3/SIG/10661 Signal Maintenance Task Intervals	18	06/2019
NR/L3/SIG/10663 Signal Maintenance Specifications	11	03/2020
NR/L3/SIG/10663 Signal Maintenance Specifications	10	06/2019
NR/L3/SIG/11231 Signal Maintenance Testing Handbook	14	03/2020
NR/L3/SIG/11231 Signal Maintenance Testing Handbook	13	06/2019
NR/L3/SIG/MG0110 Imposition & Removal of Temporary Speed Restrictions	3	06/2012
NR/L2/SIGELP/50000 Safe working and maintenance on or near Signalling Power Distribution Equipment above 175 volts	3	03/2017
NR/L3/SIGELP/50001 Signalling Power Distribution Equipment above 175 Volts	3	03/2017
<b>NR/L3/SIGELP/50002</b> Safe Working Practices When Working on or Near Signalling Power Distribution Equipment Above 175 Volts	1	12/2016
NR/L3/SIGELP/50003 Safe Working Practices When Working on or Near Signalling	1	03/2018
Equipment		
NR/L2/TEL/30067 The Transmission of Safety Related Information	2	12/2011
NR/L2/TEL/30156 Functional Requirements for Safety Related Communications Equipment		
for On Track Plant Working	1	12/2011
NR/GN/TRK/7001 Index of Track Work Information Sheets (TWI)	16	09/2019
NR/L1/TRK/100 Management of Track Assets	1	03/2020
NR/L2/TRK/001 Inspection and Maintenance of Permanent Way	15	03/2020
NR/L2/TRK/001 Inspection and Maintenance of Permanent Way	14	12/2019
NR/L3/TRK/003 Index of Track Engineering Forms	33	03/2020
NR/L3/TRK/003 Index of Track Engineering Forms	32	12/2019
NR/L3/TRK/3530 Track Lubricants	1	06/2012
NR/L3/TRK/7006 Creation and Application of Initial ESR Design	1	03/2019





Ref. / Title	Reference
OTHER STANDARDS & GUIDANCE	
BS EN ISO 14001:2015	2015
BS EN ISO 9001:2015	2015
BS EN ISO 45001:2018	2018
BS OHSAS 18001:2007	2007
Investigating Accidents and Incidents – HS(G)245	ISBN 9780717628278
Management of Health and Safety at Work Regulations 1999 Approved Code of Practice and guidance	ISBN 9780717624881
Managing health and safety in construction Construction (Design and Management) Regulations 2015. Guidance on Regulations	ISBN 9780717666263
Successful Health and Safety Management – HS(G)65	ISBN 9780717612765
Sentinel Scheme Rules https://info.railsentinel.co.uk/about/rules/	V3 11June 2018 Compliance Date 9 Jul 2018

Ref. / Title	Reference
LEGISLATION	
Bribery Act 2010	2010 c. 23
Control of Asbestos at Work Regulations 2002	2002 No. 2675
Control of Pollution (Amendment) Act 1989	1989 c. 14
Control of Pollution Act 1974	1974 c. 40
Corporate Manslaughter and Corporate Homicide Act 2007	2007 c. 19
Data Protection Act 2018	2018 c. 12
Environmental Protection Act 1990	1990 c. 43
Health & Safety at Work etc. Act 1974	1974 c. 37
Modern Slavery Act 2015	2015 c. 30
Pollution Prevention and Control Act 1999	1999 c. 24
The Confined Spaces Regulations 1997	1997 No. 1713
The Construction (Design and Management) Regulations 2015	2015 No. 51
The Control of Asbestos at Work (Amendment) Regulations 1992	1992 No. 3068
The Control of Asbestos at Work (Amendment) Regulations 1998	1998 No. 3235
The Control of Asbestos at Work Regulations 1987	1987 No. 2115
The Control of Asbestos in the Air Regulations 1990	1990 No. 556
The Control of Asbestos Regulations 2006	2006 No. 2739
The Control of Asbestos Regulations 2012	2012 No. 632
The Control of Lead at Work Regulations 1980	1980 No. 1248
The Control of Lead at Work Regulations 1998	1998 No. 543
The Control of Lead at Work Regulations 2002	2002 No. 2676
The Control of Noise at Work Regulations 2005	2005 No. 1643
The Control of Substances Hazardous to Health (Amendment) Regulations 2004	2004 No. 3386
The Control of Substances Hazardous to Health Regulations 2002	2002 No. 2677
The Environmental Noise, Site Waste Management Plans and Spreadable Fats etc. (Revocations and Amendments) Regulations 2013	2013 No. 2854





Ref. / Title	Reference
LEGISLATION	
The Fire Precautions (Workplace) Regulations 1997	1997 No. 1840
The Hazardous Waste (England and Wales) (Amendment) Regulations 2009	2009 No. 507
The Hazardous Waste (England and Wales) Regulations 2005	2005 No. 894
The Health and Safety (Consultation with Employees) Regulations 1996	1996 No. 1513
The Health and Safety (Display Screen Equipment) Regulations 1992	1992 No. 2792
The Health and Safety (First-Aid) Regulations 1981	1981 No. 917
The Lifting Operations and Lifting Equipment Regulations 1998	1998 No. 2307
The Manual Handling Operations Regulations 1992	1992 No. 2793
The Personal Protective Equipment (EC Directive) Regulations 1992	1992 No. 3139
The Personal Protective Equipment at Work Regulations 1992	1992 No. 2966
The Personal Protective Equipment Regulations 2002	2002 No. 1144
The Provision and Use of Work Equipment Regulations 1992	1992 No. 2932
The Provision and Use of Work Equipment Regulations 1998	1998 No. 2306
The Railways and Other Guided Transport Systems (Safety) Regulations 2006	2006 No. 599
The Regulatory Reform (Fire Safety) Order 2005	2005 No. 1541
The Reporting of Injuries, Diseases and Dangerous Occurrences Regulations 2013	2013 No. 1471
The Safety Representatives and Safety Committees Regulations 1977	1977 No. 500
The Waste Management (England and Wales) Regulations 2006	2006 No. 937
The Work in Compressed Air Regulations 1996	1996 No. 1656
The Workplace (Health, Safety and Welfare) Regulations 1992	1992 No. 3004
Transport and Works Act 1992	1992 c. 42
Water Resources Act 1991	1991 c. 57
Wildlife and Countryside (Amendment) Act 1991	1991 c. 39
Wildlife and Countryside Act 1981	1981 c. 69





#### Modular Rulebook GE/RT8000

#### PTS Only

In most cases only PTS handbook is required, unless one of the following applies:

1. Index, amendment module and Module G1 to be issued to the following;

Supervisors and managers who issue publications Staff who operate signal post replacement switches Staff who place protection for Line Blockage or T3 Staff who secure points Those who use tents on or near the line

2. Index and amendment module to be issued to the following;

#### Lookouts

People who take charge of cranes and equipment which could foul an open line People who take charge of work on or near points People who carry out patrolling/inspecting duties

#### Other competencies (IWA, COSS, PC, ES, MC, CC)

Name & Issue	Issue Date	Title	Synopsis
GERT8000- RBBL Iss 33	Sep 2019	Rule Book Briefing Leaflet	This Leaflet contains details of changes being published in September 2019 and in-force December 2019.
GERT8000- Gloss Iss 5	Sep 2018	Glossary of Railway Terminology	The Glossary has been updated to reflect changes in terminology within TW5 which removes 'entering service' and replaces it with 'starting a journey'.
<u>GERT8000-</u> <u>AC lss 5</u>	Sep 2018	AC electrified lines	You will need this module if you carry out the duties of a train driver, guard, shunter, designated person (DP), signaller, crossing keeper or person in charge of sidings in AC electrified areas.
<u>GERT8000-</u> <u>DC lss 4</u>	Sep 2015	DC electrified lines	You will need this module if you carry out the duties of a train driver, guard, shunter, designated person (DP), signaller, crossing keeper and person in charge of sidings in DC electrified areas. This document has been updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>G1 lss 6</u>	Sep 2015	General safety responsibilities and personal track safety for non- track workers	You will need this module if you carry out the duties of a train driver, guard, shunter, designated person (DP) and a signaller or crossing keeper in General safety responsibilities and personal track safety for non-track workers. This document has been updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>HB1 lss 4</u>	Sep 2015	General duties and track safety for track workers	This handbook is for those personnel who need to go on the operational railway to carry out their duties, with the exception of a train driver, guard, shunter, signaller, crossing keeper or designated person (DP). This handbook has been updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>HB2 lss 2</u>	Sep 2015	Instructions for track workers who use emergency protection equipment	This handbook is for those personnel who need to go on the operational railway to carry out their duties and have been trained to carry out emergency protection. It does not apply to: train drivers, guards, shunters, signallers, crossing keepers and those who act as a designated person (DP). This document has been updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>HB3 Iss 3</u>	Sep 2014	Duties of the lookout and site warden	This handbook is for those personnel who have duties of the lookout and site warden. Information on changes to this issue can be found in the Rule Book Briefing Leaflet (GERT8000-RBBL Iss 27).
<u>GERT8000-</u> <u>HB4 Iss 2</u>	Sep 2014	Duties of a points operator and route-setting agent - moving and securing points by hand	This handbook is for those personnel who has duties of a points operator and route-setting agent - moving and securing points by hand. Information on changes to this issue can be found in the Rule Book Briefing Leaflet (GERT8000-RBBL Iss 27).





Name & Issue	Issue Date	Title	Synopsis
<u>GERT8000-</u> HB5 lss 2	Sep 2011	Handsignalling duties	This handbook is for those who carry out handsignalling duties.
<u>GERT8000-</u> <u>HB6 lss 5</u>	Sep 2015	General duties of an individual working alone	This handbook is for those personnel with general duties of an individual working alone (IWA). This handbook has been updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>HB7 Iss 6</u>	Sep 2019	General duties of a controller of site safety (COSS)	This handbook is for those personnel who have the general duties of a controller of site safety (COSS).
<u>GERT8000-</u> <u>HB8 lss 7</u>	Sep 2017	IWA, COSS or PC blocking a line	You will need this handbook if you carry out the duties of a IWA, COSS or PC blocking a line.
<u>GERT8000-</u> <u>HB9 lss 7</u>	Sep 2019	IWA or COSS setting up safe systems of work within possessions	You will need this handbook if you carry out the duties of an IWA or COSS setting up safe systems of work within possessions.
<u>GERT8000-</u> <u>HB10 lss 4</u>	Sep 2015	Duties of the COSS or SWL and person in charge when using a hand trolley	You will need this handbook if you are the COSS or SWL and person in charge when using a hand trolley. This document has been updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>HB11 Iss 7</u>	Sep 2019	Duties of the person in charge of a possession (PICOP)	You will need this handbook if you carry out the duties of the PICOP.
<u>GERT8000-</u> <u>HB12 lss 7</u>	Sep 2019	Duties of the engineering supervisor (ES) or safe work leader (SWL) in a possession	You will need this handbook if you carry out the duties of the ES or SWL in a possession.
<u>GERT8000-</u> <u>HB13 lss 2</u>	Sep 2014	Duties of the person in charge of the siding possession (PICOS)	You will need this handbook if you carry out the duties of a PICOS. Information on changes to this issue can be found in the Rule Book Briefing Leaflet (GERT8000-RBBL Iss 27)
<u>GERT8000-</u> <u>HB14 lss 2</u>	Mar 2014	Duties of the person in charge of loading and unloading rail vehicles during engineering work	You will need this handbook if you carry out the duties of the person in charge of loading and unloading rail vehicles during engineering work.
<u>GERT8000-</u> <u>HB15 lss 5</u>	Sep 2017	Duties of the machine controller (MC) and on-track plant operator	You will need this handbook if you carry out the duties of the machine controller (MC) and on-track plant operator. This document has been updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>HB16 Iss 4</u>	Sep 2018	AC electrified lines	This handbook is for those personnel who need to go on the operational railway in an AC electrified area to carry out their duties.
<u>GERT8000-</u> <u>HB17 lss 3</u>	Sep 2015	DC electrified lines	This handbook is for those personnel who need to go on the operational railway in a DC electrified area to carry out their duties. This document has been updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>HB18 Iss 4</u>	Sep 2015	Duties of a Level Crossing Attendant	You will need this handbook if you carry out the duties of a level crossing attendant. This document has been updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>HB19 Iss 3</u>	Sep 2015	Work on signalling equipment - duties of the signalling technician	You will need this handbook if you carry out the duties of a signalling technician. This document has been updated as part of the December 2015 Rule Book Programme
<u>GERT8000-</u> <u>HB20 Iss 2</u>	Sep 2015	General duties of a safe work leader (SWL) working outside a possession	You will need this handbook if you have the general duties of a safe work leader working outside a possession. This document has be updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>HB21 Iss 4</u>	Sep 2018	Safe work leader (SWL) blocking a line	You will need this handbook if you are a safe work leader (SWL) blocking a line.
<u>GERT8000-</u> <u>OTM Iss 8</u>	Sep 2017	Working of on-track machines (OTM)	You will need this module if you carry out the duties of a driver of an on-track machine, operator of an on-track machine or signaller. This document has be updated as part of the December 2015 Rule Book Programme.
<u>GERT8000-</u> <u>T10 lss 4</u>	Sep 2014	Duties of a designated person (DP) and people working on rail vehicles	You will need this module if you carry out the duties of a designated person and people working on a rail vehicle. Information on changes to this issue can be found in the Rule Book Briefing Leaflet (GERT8000-RBBL Iss 27).
<u>GERT8000-</u> <u>T3 Iss 8</u>	Sep 2017	Possession of a running line for engineering work	You will need this module if you carry out the duties of a driver or signaller. Information on changes to the issue can be found in the Rule Book Briefing Leaflet (GERT8000-RBBL Iss 29)





## **Network Rail Safety Central – Information Section**

Code of Conduct

The Code of Conduct establishes some minimum standards that Network Rail expects in their supply chain. It has been developed by Network Rail's National Supply Chain, Industry bodies, and the Unions. It will be reviewed and updated by members of these same groups bi-annually. Please email queries to codeofconduct@networkrail.co.uk

<u>Code of Business Ethics (</u>web page) <u>Modern Slavery</u> (web page)

#### Safety Bulletins as of 9th December 2019

In this section you'll find copies of the Network Rail safety bulletins regularly sent out to staff working on the Network Rail infrastructure. These cover a range of different safety issues and are often issued in response to a specific incident.

https://safety.networkrail.co.uk/tools-resources/safety-bulletins/

You can refine your search by:

#### Bulletin type

- Archive Lessons
   Learnt
   Archive Safety
   Bulletins
- Safety Advice Safety Alert
- Safety Bulletin
- Shared Learning

There will also be an archive of past bulletins, so you can download any that you missed, or want to read again. Please download them for the FULL TEXT OF THE BULLETINS.

#### Safety Bulletins

- <u>Safety Bulletin NRB20-04 Near miss involving track workers</u> March 3, 2020
- <u>Safety-Bulletin-NRB20-03-Planning-and-authorising-the-movement-of-engineering-trains-OTM-and-OTP-in-worksites</u> February 6, 2020
- Safety Bulletin NRB20-02 Mobile elevating work platform collision February 4, 2020
- <u>Safety Bulletin NRB20-01 Prohibition Notice Vegetation blocking designated positions of safety</u> January 30, 2020
- <u>Safety Bulletin NRB19-22 Contact with Overhead Line Equipment (OLE) serious injury</u>
- December 28, 2019
- Safety Bulletin NRB19-21 Burns after petrol spill while refuelling December 23, 2019
- Safety Bulletin NRB19-20 Staff injury December 10, 2019
- <u>Safety Bulletin NRB19-19 On-Track Machine runaway and collision within a work site</u> December 11, 2019
- NRB19-18 not available
- NRB19-17 not available

#### Safety Advice

- Safety Advice NRA20-01 Arc Flash PPE Updated Requirements January 24, 2020
- <u>Safety Advice NRA19-15 Working safely on scaffold towers</u> December 30, 2019
- NRA19-14 not available

#### Other documents

None

#### Lessons Learnt / Shared Learning

Network Rail are now producing 'Lessons Learnt' publications following events which have led to Formal investigations or local investigations where significant points of learning have resulted. Network Rail believes that these lessons will be of value for all involved in the industry and not just safety professionals, they are ultimately designed to aid prevention of events of a similar nature happening again elsewhere.

#### Shared Learning



## Network Rail Safety Central



Health & Wellbeing

Health and wellbeing (web page)

#### **Risk Management**

Think RISK (web page)

#### Safety Films

http://safety.networkrail.co.uk/Alerts-and-Campaign/Safety-Films

In this section you will find all the safety films which are also listed in the relevant subject areas with supporting materials. Please note some of these films contain strong language and scenes which viewers might find upsetting. As such we recommend that these films are only viewed by people over the age of 16.

Have you got a good idea for a film? If you have, write into safety.central@networkrail.co.uk to let us know.

#### **Resource Library**

https://safety.networkrail.co.uk/tools-resources/resource-library/ The Resource Library holds a wealth of information.

#### SCO 24:7 (Supply Chain – Operations) Telephone SCO 24:7 (formally the NSC247 and NDS24:7): call 01908 723500 or 085 65500 (internal)

SCO 24:7 operates 24 hours a day, 365 days of the year from the Quadrant in Milton Keynes. Our remit is to manage the real-time delivery of SCO products & services to our customers. This includes engineering haulage, materials, on track machines, infrastructure monitoring, seasonal treatment, HSEA reporting, site access services and lone worker monitoring.

#### Emergency

If there's a safety threat to you or to others such as:

- Animals, objects or people on or near the track
- Damage or fault at a level crossing
- A vehicle has hit a bridge
- A broken fence or open gate allowing access to the track

Please call Network Rail Emergency 24-hour helpline immediately: 03457 11 41 41

#### To report a crime

Please contact the British Transport Police: 0800 40 50 40, 999 or Text 61016



## **Useful Links**



## **Useful Links**

The following pages contain other useful links and safety information from various sources which may be relevant to you.

Item	Details
Health and Safety Executive	Government agency responsible for regulating risks to health
http://www.hse.gov.uk	and safety arising from work. HSE publications can be
– Website	downloaded free in Adobe PDF format.
Webelle	
CIRAS Online	The Confidential Incident Reporting and Analysis System
http://www.ciras.org.uk	Freephone number 0800 4 101 101.
– free access	
Network Rail	Owner and operator of Britain's railway infrastructure.
http://www.networkrail.co.uk	
– Website	
Network Rail Standards	All current Network Rail standards are available via the IHS
http://www.ihserc.com/	website.
<ul> <li>subscription required</li> </ul>	
	How do I become an annual subscriber to an IHS product?
Network Rail Standards	IHS business packages are available to purchase on an Annual
Subscriptions	Subscription basis by either Core Selection Criteria or
IHS Global Ltd	individual/additional supplements.
Phone: 01344 328000	Upon reactiving the phone information, we will be in contact to
Notwork Doil Standarda	Upon receiving the above information, we will be in contact to
Network Rail Standards	confirm your exact requirements along with pricing details. Before issuing a Password for Internet Access or forwarding CD
Management Publications Manager	ROMs we will require an official Purchase Order No. from your
Nicole Lockwood	Company.
Phone: 01908 782 481	company.
Network Rail Standards	
Hard Copy Document Centre	
IHS Retail	
Phone: 01344 328039	
Fax: 01344 328005 or email:	
emeastore@ihs.com	
Network Rail Technical Drawings	
National Records Group	
Email: nrgcivils@networkrail.co.uk	
Notwork Poil Sofoty Control	The site is your one-stop shop of safety information, advice,
Network Rail Safety Central http://safety.networkrail.co.uk	resources and useful contacts, designed to promote consistency
– free access	and best practice across the whole rail industry. The information
	is divided under the following sections:
	Alerts & Campaign Material
	Communication & Health
	Communication & Health     Commitment & Rules
	<ul><li>Safety Groups</li><li>On Site Solutions</li></ul>
	<ul> <li>On site solutions</li> <li>Toolbox</li> </ul>
RSSB Close Call System	At the request of Network Rail and its contractors, RSSB has
www.closecallsystem.co.uk	developed a new internet-based system that will allow the
- Register for access	industry to centrally record and analyse 'Close Call incidents'.
	This is known as the Close Call System.
	,

Page 21 of 45

**3E** 



## **Useful Links**



Rail Safety and Standards Board       R <u>http://www.rssb.co.uk</u> re         – free access       ki         press       press	Details RSSB builds industry-wide consensus and facilitates the esolution of difficult cross-industry issues. They provide nowledge, analysis, a substantial level of technical expertise, bowerful information and risk management tools. RSSB Websites & Online Services
	SSB Websites & Online Services
http://www.rssb.co.uk/rssb-websites- and-services T w au	This is a very useful page that provides links to various other vebsites. These websites are fully or partially hosted by RSSB and other external organisations within the rail industry to you with useful resources and tools.
http://www.rssb.co.uk/rgs       A         - free access       th         Rail Safety & Standards Board       •         Enquiry Desk       •         Phone: 020 3142 5400       •         Website www.rssb.co.uk       •         •       •	Quantity Price Purchaser's full name, business, address and telephone number Credit card details, cheque or purchase order number Then fax or post it to <b>Willsons Printers Limited</b> at the address below. Please ensure that you include your credit card details, purchase order or a cheque made payable to Willsons Printers. Payments can also be made by BACS - please contact Willsons for company bank details. Orders received will be dispatched within five working days. Purchasing National Operations Publications National Operations Publications are Railway Group Standards which set out mandatory requirements for direct application in the workplace. These include: Modular Rule Book (GERT8000)

Page 22 of 45 (3E) S = Exceeding Expectations Everywhere Safely

## **Useful Links**



Item	Details
	Willsons Printers Limited Highlander House Cross Street, Newark Nottinghamshire, NG24 1PP Tel: 01636702334 Fax: 01636701396 <u>http://www.willsonshop.com</u>
M&EE Networking Group Codes of Practice http://www.rssb.co.uk/rgs	The M&EE Networking Group is a non profit making group dedicated to the sharing of professional engineering and railway operations information and to provide a focus to the rail industry relating to operational and technical safety of plant. The group is
Refine results by selecting Lead Committee	a meeting of the professional heads of mechanical and electrical engineering and operations from infrastructure contractors, Network Rail, RSSB, the Rail Plant Association, London Underground and elected representatives from other infrastructure renewal companies, plant owners, and manufacturers/suppliers of plant and technical services. The M&EE Networking Group produces Codes of Practice and other documents as good practice for all members of the industry.
Rail Sentinel https://www.railsentinel.co.uk/ – registered companies only	Sentinel Scheme Rules The latest copy of the scheme rules can be found here: Sentinel Scheme Rules (bottom of website)
Office of Rail and Road http://orr.gov.uk/ – free access	Independent safety and economic regulator for Britain's railways, and monitor of performance and efficiency for England's Strategic Road Network.
Rail Accident Investigation Branch http://www.raib.gov.uk/ – free access	Independent railway accident investigation organisation for the UK. It investigates railway accidents and incidents on the UK's railways to improve safety, not to establish blame.



## Other Safety Information



## **Other Bulletins**

#### **Track Safety Alliance**

A few videos of interest at the Track Safety Alliance website: http://www.tracksafetyalliance.co.uk/videos/65/

#### **Southern Shield**

#### **Everyone Home Safe Every Day**

Southern Shield is a collaborative safety forum that consists of Network Rail Infrastructure Projects Southern Region and its principal contractors. There are many more useful links on their website <a href="https://www.southernshield.co.uk/">https://www.southernshield.co.uk/</a>

- Best Practice <a href="https://www.southernshield.co.uk/best-practice/90/">https://www.southernshield.co.uk/best-practice/90/</a>
- Safety Messages https://www.southernshield.co.uk/safety-messages/4/
- Health & Wellbeing https://www.southernshield.co.uk/health-and-wellbeing/82/
- Library https://www.southernshield.co.uk/library/3/





## Other Safety Information





Message from Andrew: Network Rail's response to the Coronavirus (COVID-19) outbreak

Dear colleagues,

We have been closely monitoring and managing the novel Coronavirus (COVID-19) outbreak since its inception. Our priorities are looking out for each other and doing everything we can to keep the railway running effectively for passengers and freight users.

For these reasons, on Wednesday (4 March) we set up the Strategic Crisis Management Team (SCMT) in Network Rail. The SCMT comprises colleagues from across our organisation who can help us minimise the impacts of Coronavirus, including Dr Richard Peters, our chief medical officer. The SCMT's role is to make sure we have the right contingency plans in place to manage the impact of Coronavirus on the railway, our passengers and our people. It had been operating in shadow for some weeks, but formally putting it into operation is an important step in making sure we are staying on the front foot with our preparedness.

We can all take steps to prevent the spread of the virus, and act swiftly to contain any outbreaks. Most importantly, wash your hands thoroughly and please refer to Public Health England (PHE) advice if you're concerned that you may have symptoms.

#### Prevention

Further to that, we ask that you follow the guidance below. This is based on PHE advice and takes effect immediately:

- As a precaution, please don't make unnecessary visits to operational and maintenance buildings which are essential to the smooth running of our railway.
- If you can do your meetings by teleconference, then please make the most of these facilities.
- Be mindful of the potential risks of spreading the virus through physical contact with others you do not have to shake hands if you don't want to, for example.

• Follow Network Rail advice around international travel, as set out <u>on MyConnect.</u> We should all be following this guidance consistently – you will be kept updated if and when this guidance changes or develops. None of these steps should affect the day to day running of the railway.

If you are unsure about any of this advice, you can find further detail <u>on MyConnect</u> which we are regularly updating with information and supporting resources. It is our shared responsibility to make sure that these measures are taken up. I am very aware that not everyone has regular access to email. We are of course using other means of communication to reach those colleagues, but please do spread the word.

Thank you for your support.

Andrew Haines Andrew Haines Chief executive











20th January 2020

#### Industry Common Induction (ICI)

Dear Sir/Madam,

After an extensive review of ICI it has been agreed that ICI will no longer be mandated for everyone working on Network Rail Capital Delivery sponsored sites.

#### Background

The ICI competence was initially devised at the request of the contract chain. On 26th October 2015 we announced that from 1st June 2016 ICI would be mandated for relevant construction sites. The intention was to reduce the amount of time and variability in briefings, bringing both safety and performance benefits.

In January 2019 it was announced that Network Rail would be reviewing the effectiveness of ICI due to the competences starting to expire in February 2019 and some feedback about its impact. While the review took place, the competences held were extended by one year.

Given the feedback about effectiveness and coincidental with changes in the structure of Network Rail we have decided to no longer mandate ICI and to withdraw it as a competence in Network Rail.

#### London Underground (LU) & Docklands Light Railway (DLR)

ICI with the relevant LU/DLR endorsement will continue to be required on all LU and DLR sites. Therefore, within the next few weeks, the current ICI competence in Sentinel will no longer show the Network Rail endorsement but will continue to show the LU and DLR endorsements.

The process for gaining ICI and the LU and DLR endorsements will not change in the immediate future. TfL will send out an update when the process changes, this is likely to be in the spring of 2020.

#### Trackside Sponsors

Individuals with Personal Track Safety (PTS) will not be required to also hold ICI. The revised PTS training and recertification courses are currently being updated and will incorporate many of the elements of ICI in those courses.

#### Non-Trackside Staff

In order to issue Sentinel Cards to holders of ICI (who did not hold a Sentinel card with PTS competence), a new type of Sponsor was created called a Non-trackside Sponsor. A review of the Sentinel Scheme rules is taking place and a decision on the requirements to be a Non-trackside Sponsor will be made in due course.

Yours sincerely

mul

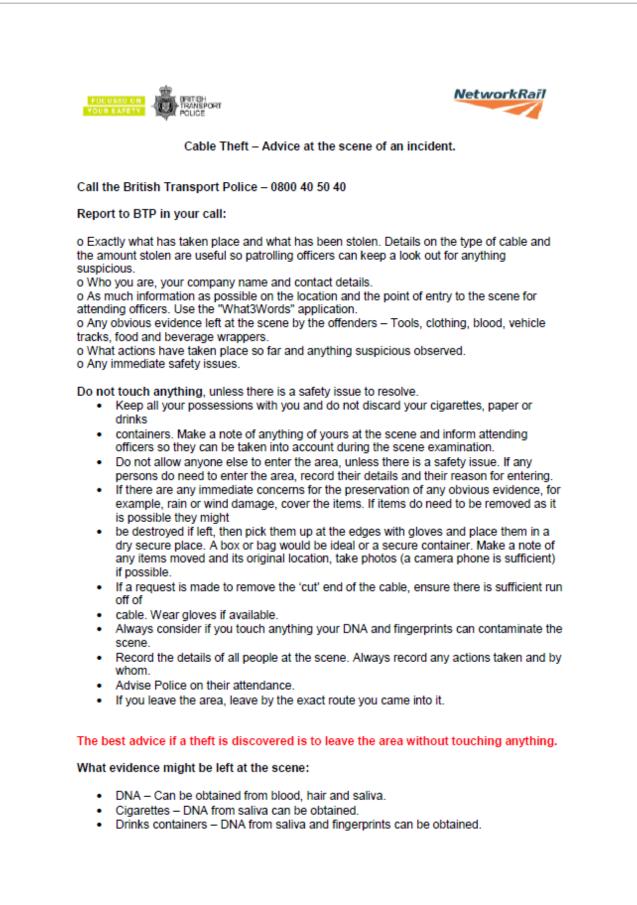
Aflan Spence Sentinel Senior Responsible Officer

Frequently asked questions

What will happen to my competence in Sentinel?	The ICI competence will still show Network Rail until late February when the Network Rail part will be removed.
My Network Rail ICI is about to expire, what shall I do?	The competence can now elapse.
How do I renew my ICI competence to work on London Underground and Docklands Light Railway infrastructure?	You can recertify by undergoing the same process as gaining the original certification.











- Fingerprints Can be obtained from objects with a smooth shiny surface, smooth plastics and paper.
- Paper Investigation leads from details on them and fingerprints can be obtained.
- · Footprints Sole marks can identify specific show brands and any individual wear that can link a person to the scene.
- Tyre marks The marks and wear patterns can help to link vehicles and their owners to the
- scene.
- Tools DNA and other trace fragments can be obtained.
- Marks Where cable has been cut, a specific mark made by a specific implement can be
- identified.
- Clothing DNA and fibres can be obtained. They can also help to link a person to the scene if fibres are left.

Any further advice can be obtained from the Route Crime Project Leaders:

Sophie Wright (Kent) 07710959858 sophie.wright@networkrail.co.uk

Mike Farley (Sussex) 07808 245623 michael.farley@networkrail.co.uk









# Health Bulletin

everyone fit for the future

#### Managing welding fume risk

Issued to:	Network Rail line managers, safety professionals and RISQS registered contractors
Ref:	NRH20-03
Date of issue:	18/02/2020
Location:	National
Contact:	The Occupational Health and Wellbeing Team

#### Overview

The Health and Safety Executive's Workplace Health Expert Committee endorsed the hazard reclassification of mild steel welding fume as a human carcinogen in February 2019.

This brought an enhanced duty in the Control of Substances Hazardous to Health Regulations (COSHH) to reduce exposure to as low as is reasonably practicable.

Manganese, which is present in mild steel welding fume, can cause neurological effects similar to

Parkinson's disease.

There is new scientific evidence that uncontrolled exposure to all welding fume, including mild steel welding fume, can cause, in some cases, lung cancer in humans

Evidence from several sites indicates there is not yet full compliance with required controls.

#### Discussion Points

- Network Rail and its contractors must control exposure to welding fume, including that from mild steel welding, to as low a level as is reasonably practicable.
- All business units undertaking welding activities should ensure effective controls are provided and correctly used to control fume arising from welding activities. This includes welding outdoors.

When implementing controls, we must consider:

- Preventing or reducing exposure through engineering controls.
- Using local exhaust ventilation (LEV) to remove fumes at source.
- Using suitable respiratory protective equipment (RPE), to protect workers from inhaling fumes where engineering controls are not possible, for example when welding outdoors.
- Anyone entering the exclusion zone must use suitable RPE.

#### Next steps

- All relevant welding risk assessments must be reviewed, and updated where necessary.
- Where suitable engineering controls are not possible, a powered air-fed respirator with a minimum assigned protection factor of 20 (APF20) must be used.
- For Network Rail staff, RPE is available from the PPE catalogue. Please select RPE suitable for the task and make the correct arrangements for any additional wearer fitting.

For more information, please visit the Safety Central Respiratory Page

- Network Rail staff should use the task risk control sheets which can be found at:
  - NR/L3/MTC/RCS0216/TK61 NR/L3/MTC/RCS0216/TK62 0 NR/L3/MTC/RCS0216/TK64
  - Contractors are free to follow this guidance or demonstrate that their own controls discharge the legal obligations in COSHH.



## Safety Bulletin

A serious incident has taken place

#### everyone home safe every day

#### Significant Near miss - Line Blockage Irregularity

Issued to: Southern Region

Ref: 01-2020

Date of Issue: 09/01/2020

Location: Gatwick VTB3





#### Overview

On the 09/01/2020 a group of 6 Network Rail track workers were undertaking planned Level 2 rectification work on the Up Platform Loop (Gatwick, VTB3) within what they believed was a line blockage.

At approximately 03:17 the driver of passenger train contacted the signaller to advise that he had run over a PLB (this was later identified as site lighting). At the same time, the COSS/PIC called to advise that a train had made its way into his site of work.

Initial investigations have found that the COSS/PIC planned to take a line block on the Up Loop (Platform 1) however as a result of both the COSS/PIC and signaller not reaching a clear understand the UP Slow (Platform 2) was blocked. The line blockage details were not comprehensively covered nor did they 'repeat-back' the details.

Whist the COSS/PIC and plans reflected planned line block on the Up Loop, the signaller blocked Platform 2.

The working group narrowly avoided being struck by the train which came to a stop approximately 2 to 3 chain from the working group.

#### Key Learning / Discussion Points

- When we are engaging in safety critical communication, it is our responsibility to repeat back what we
  have heard, outline our understanding of any actions that are required and clarify anything we are unsure of. Safety critical conversations are not just about going through the motions; you must actively
  listen to what is being said so you can satisfy yourself that that you are clear about the arrangements.
- Signallers have overall lead responsibility for a safety critical call unless speaking to the ECRO.
- Always ensure that you have discussed all aspects of the request including but not limited to, the exact location of the work, protecting signals, blocking limits, line/lines affected.
- When acting as a COSS/PIC have you considered additional protection for your line blockage during the planning stage ?







everyone

home safe every day S

# Safety Alert

A serious incident has taken place

#### Foxton near miss

Scope:	All Network Rail line managers, safety professionals and RISQS registered contractors
Ref:	NRX20-01
Date:	20/02/2020
Location:	Foxton, Anglia Route
Contact:	lan Bradler, Director, Route Health Safety Quality & Environment



#### Overview

At 11:01am on 14th February 2020 a Network Rail track worker from Tottenham Delivery Unit had a near miss with a train. The person was part of a track team working on a reported defect on the Down line at Foxton.

9S25, a GTR service from Cambridge to Brighton was travelling on the Up line through Foxton station. The driver saw a track worker in the four foot of the Up line who was not moving to a position of safety. Another train was approaching on the Down line. The rest of the track team had safely moved to the Down cess. The train was travelling between 70mph and 80mph toward the worksite. The track worker reacted to the approaching train when it was six seconds away and reached a place of safety with just three seconds to spare. This event constitutes a significant near miss.

This event is currently under investigation and once this has been concluded we will share our findings with you. Until then please look at the talking points below and discuss if you are taking these steps for safety.

## Talking Points

- If all other options have been explored and unassisted lookout warning must be used, how do you test the Safe System of Work?
- How do you make sure you have a designated position of safety?
- How do you monitor sites to make sure people are following the Safe System of Work that has been applied?
- What should a Person in Charge (PIC) do if people want to move to a place other than the specified position of safety?
- How should the PIC agree what will happen and how people will remain protected?

Part of our group<br/>of Safety BulletinsSafety<br/>AlertSafety<br/>BulletinSafety<br/>AdviceShared<br/>Learning



## **Other Safety Information**



# Safety Alert

A serious incident has taken place



#### Track worker trapped between two RRVs

Scope:	Network Rail line managers, safety professionals and accredited contractors
Ref:	NRX20-02
Date:	06/03/2020
Location:	Manor Park, Anglia Route
Contact:	Suzanne Kay - Head of Safety & Sustainable Development, Capital Delivery



#### Overview

On 22/02/2020 two Road Rail Vehicles (RRVs) were being used for work on overhead line equipment. Both machines arrived at structure 06/17, Manor Park East London, at approximately 15:30, five hours into the activity, to operate back to back. The RRVs were less than one metre apart.

While the linesmen were working above, track staff assisted in transferring equipment between the two RRVs. One of the RRVs had to move closer to facilitate the installation of equipment.

The RRV operator sounded the horn and confirmed the move to take place with the machine controller (MC). The RRV moved and trapped the track staff Controller of Site Safety (COSS) between the two machines.

The COSS had positioned himself between the two machines' rear bumpers. Various people on the ground shouted, the RRV operator moved the machine forward and the COSS walked out to the cess.

The COSS was assessed by the on site first aider though he initially declined further medical help. After a few hours the COSS began to feel unwell and may have begun to suffer from shock so he was taken to hospital by ambulance for further checks. It was later confirmed he had suffered no broken bones or internal injuries and was discharged around 22:00.

The incident is currently under investigation by RAIB and Network Rail.

This accident could have been much worse and coincided with the Rail Accident Investigation Branch issuing an Urgent Safety Advice about rail staff moving between stationary trains in yards, sidings etc. This advice was in connection with a fatal accident in Tyseley yard, Birmingham where a train driver was killed whilst passing between two trains - one of which had then moved - in December 2019.

Please remind staff:

- Not to enter an exclusion zone unless agreed by the MC.
- Never put yourself in a position of danger between two machines.

Part of our group of Safety Bulletins







# **Safety Bulletin**

Ref: WWB19/007



Overview

## Wales & Western

Issue to: Network Rail line managers, safety professionals and RISQS registered contractors

Date: 12th December 2019

Location: Ebbw Junction Long Dyke

Contact: Suzanne Kay, Head of Safety & Sustainable Development



## Earth strap on live overhead line in a possession

Damage was sustained to overhead wire at Ebbw Junction.

Initial findings are that an earthing strap was attached to a live overhead wire. There were no injuries sustained as insulated equipment had been used to apply the equipment.

The possession was granted but the isolation had not been given to the Nominated Person.

An investigation is underway to establish causes of the event and shared learning which will be issued in due course.

## **Discussion Points**

- Always test before touch.
- Remember if you are not sure, ask and make sure you understand what has been communicated BEFORE starting to work.
- Take 5 to discuss your working environment, your work equipment and method of working for your activity.



Never assume equipment is isolated – always test before touch.





# Shared Learning

Key learning following a serious incident

Issued to:	Capital Delivery, Wales & Western
Ref:	WWL20/003
Dote of issue:	26/02/20
Location:	Paddington Station, London
Contoct:	Suzanne Kay, Capital Delivery Wales & Western





#### Overview

This shared learning updates following a serious accident during Christmas works where an Assistant Signal Tester fell from a mobile tower scaffold on Platform 11 of Paddington Station. He suffered fractured vertebrae, ribs and a collar bone. He is recovering from his injuries

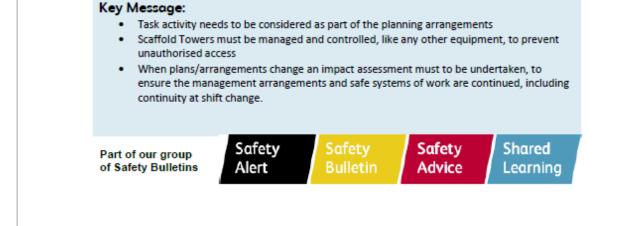
The activity has originally been planned for the day shift but had been transferred to the night shift without a formal method of handover between shifts or the arrangements.

The team undertaking the testing works had signed in with a COSS and commenced work after being instructed by the COSS not to commence work as a Form C to confirm the isolation had been put in place had not been received and the testers would have been out of the COSS's line of site.

The person in charge of the activity had not been involved in the planning of the task. The working at height as an activity should have been identified during the planning stage, as this activity could not be done from the platform.

The Assistant Tester utilised a mobile tower scaffold which had been left in-situ by a different team three hours earlier and was not there for his use. The tower should have been tagged and labelled as incomplete - it had been disassembled and reassembled multiple times over the course of the day, the last time leaving it incomplete and in a poor state of assembly.

The Assistant Tester was not competent to use the scaffold tower and therefore did not establish the level of risk posed by the poorly constructed tower, though it was found on CCTV that he tested its stability and decided to use the tower.







## Shared Learning

Key learning following a serious incident



#### Hackney Wick double fatality

Issued to:	Network Rall line managers, safety professionals and RISQS registered contractors
Ref.	NRL20-01
Date of issue:	08/02/2020

Location: Hackney Wick, Anglia Route, Eastern

Richard Tew - Anglia Route Contact Assurance Manager



#### Overview

In the early hours of 21st March 2019, two friends left a pub near Hackney Wick station. On the way to a local shop they saw a stationary Freightliner train outside Hackney Wick Station. It was held at a red signal for around 17 minutes.

The two adult males accessed the railway and climbed on top of a container on a freight wagon at the rear of the train, bringing them into close proximity with the live overhead line.

#### Underlying causes

A local Investigation found that the stretch of fence in this location had not been physically Inspected since 2016.

The hole in the boundary fence allowed easier breaching of the railway boundary at Hackney Wick and was considered an underlying cause. a hole in the chain link fence that was built on top of a small 900mm wall and embankment. The fence did not prevent access.

At 00:54 the two men made fatal contact with the

The two men most likely accessed the railway via

overhead lines.

The Off Track inspectors who did the inspection recorded they could not undertake a tactile Inspection of the fence due to vegetation. No attempt to view it from the public side was made, nor alternative measures used (e.g. devegetation).

#### Key message

Where boundary fence inspections cannot Include a tactile test, inspectors must use alternative means to view/inspect the fence Integrity from wherever possible. This includes accessing from the public/3rd party side, alternative vantage points, by technology (e.g. drones) or removing vegetation to Improve visibility (if appropriate).

Safety

Alert

N.B. Removing vegetation can sometimes be counterproductive where it serves to make the boundary more secure.

Managers must ensure Non-Tactile forms are suitably processed and reviewed, especially for repeat locations. A Special Inspection Notice is due to be issued.

of Safety Bulletins

Safety

Advice

Part of our group

Shared Learning



## Other Safety Information

## Shared Learning

Key learning following a serious incident

#### Collapsed excavation - serious injury

Issued to:	Network Rail line managers, safety professionals and RISQS registered contractors
Ref:	NRL20-02
Date of issue:	12/02/2020
Location:	Stamford Underbridge
Contact:	Head of S&SD, Capital Delivery Eastern

everyone

home safe every day

#### Overview

On 30th September during installation of drainage works at Stamford Underbridge a supervisor was struck on the lower back and legs by a lump of earth that became dislodged from the vertical face of a trench.

The trench was dug to allow for track drainage to be installed and was approximately 12 metres in length, 3 metres deep and a metre wide.

#### Underlying causes

- A lack of planning to adequately coordinate the work and the teams involved in delivery.
- A lack of people to adequately plan and deliver the work safely.
- The physical restraints in the work area were not communicated or supported by safety critical paperwork such as accurate Task Briefing Sheets.
- The task was briefed over a month before the day of work.

boxes. However, for two hours work had been undertaken in the trench without the trench box being used. The supervisor was taken to hospital and required

The agreed methodology for the installation of the

drainage included the requirement to use trench

treatment for a broken pelvis.

- Unsafe behaviours and conditions went unchallenged due to poor perception of the risks by those involved in the work.
- Initial false statements from site staff concealed the extent of the unsafe work.
- · Learning from similar events reported on the same site (high risk close calls) had not been appropriately actioned or communicated.

#### Key message

Where risk assessment identifies the need for trench boxes or other means of shoring / support systems then the correct equipment must be available on site and properly used.

How are Close Calls monitored and reviewed on your projects?

How do you use timely investigation and local actions to create safer sites?

The duties for managing excavation hazards are detailed in Reg 22 of the Construction Design and Management Regulations 2015.

How well do site staff understand and follow the arrangements for meeting these duties?

How do you check planned control measures are being used on site?

Part of our group of Safety Bulletins Safety Alert

Safety Shared Advice Learning









## SIEMENS



## L2C PROJECT EHS ALERT Project No. 151967/SRA/H&S/014

## LIZARD DISCOVERY

#### Action Requirements:

All personnel involved in any works being carried out on behalf of Network Rail EMSR projects to be briefed on this alert prior to carrying out works in EMSR work locations.

#### The Common Lizard.

Common (or Viviparous) Lizards have been discovered on the cess (Slows side) on the SPC3 ELR at 64m 1642y next to BK 6066 signal on the two-track gantry, south of Wellingborough railway station (see figures 1-3).





Figure 1: A Common Lizard discovered at Wellingborough.



Figure 3: The area around the cover used by the Lizards.

Figure 2: The bag under which the Lizards are hibernating.



Common Lizards can be found throughout the country and are protected in the UK under the Wildlife and Countryside Act, 1981, a Priority Species under the UK Post-2010 Biodiversity Framework. Common Lizards (like all lizards) need heat from their surroundings to raise their body temperature. Our winter is too cold for them, so they will hibernate generally from October to March.

Figure 4: The fenced off location.

As is the case at Wellingborough, they have hibernated in a group and some may even emerge for a brief time during warm spells, so take great care when moving around in milder temperatures. The lizards are likely to emerge from hibernation in the spring, and mate in April and May. The common lizard is variable in colour but is usually brownish-grey, often with rows of darker spots or stripes down the back and sides. Males have bright yellow or orange undersides with spots, while females have paler, plain bellies (see figure 1). The area around the lizards has now been cordoned off.

Prepared by: Approved by: Issue Number: David Thomas, EHS Specialist, Siemens Mobility Tony Wright, Project Manager, Siemens Rail Automation Date of Issue: 01

28th December 2019.







## RED ALERT



Working on HS2



## **OPERATE PLANT** SAFELY

## **Overturned 6T** Dumper

## **Brief Incident Details**

On 8th January 2020 at approx. 11:30 am a plant operative was tasked with transporting soil from an excavation to stock pile area. A 6Ton dumper truck turned on its side whilst travelling to the unloading area.

The driver was unharmed.

The dumper driver had experience in operating plant equipment and had been working at site for four months. The dumper wheels slid due to the uneven ground conditions caused by additional plant equipment using the route. This caused the dumper to slip in to new ruts, which in turn made front left wheel ride up the sidewall, which then caused the dumper to turn on its side.

The dumper in question was a 6T forward tipping dumper with cab.

The driver was secured in his seat by the seat belt.





#### ACTION TAKEN AND/OR REQUIRED:

- 1. Check and assess forward tipping dumper operations to ensure the right plant is being used.
- 2. Consider suitability/safety of plant equipment with regards to task in hand.
- 3. Brief incident to all plant operators and get feedback about site operations.
- Are there any concerns?
- Could this incident happen here?
- Is the right plant being used?

#### Document Number:

Template Number: 1EW04-LMJ-HS-TEM-N000-000055\_P01

Author: Name/Email Address Approver: Name/Email Address Date: 00/00/00 Page 1 of 1

Page 38 of 45 (3E) S = Exceeding Expectations Everywhere Safely





fusion Working on HS2



# **Gas Utility Strike**



At approximately 11:30 on the 27th November, a Planer at Welsh Road East clipped an uncharted 20mm gas pipe pressure release valve (PRV), for a medium pressure gas main, located approximately 225mm below ground level; it is believed that the Planer knocked the cap off.

Work was immediately stopped, exclusion zone set up and SGN called to attend the scene as a matter of urgency.

The service was completely unchartered and had been previously tarmacked over by an unknown party. The only services that were known about in the area were a BT cable at 750mm and Gas main at 800mm and these had exclusion zones set up to avoid them.

Extensive trial holes on Welsh Road East also gave no indication that the pressure valve was there. SGN inspector arrived within the hour and then the Gas team arrived another 30 minutes later to uncover the service fully and to repair the damage/make safe.

Initial findings show that all relevant processes and procedures were followed however, an investigation will be conducted to determine if our processes are robust enough and if we could have done more to prevent this.

There were no injuries as a result of this incident.







## **AMBER BRIEFING**



Working on behalf of HS2

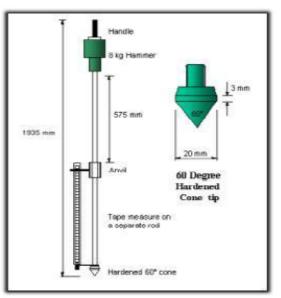
CONTROL OUR WORK AREAS

## **Dynamic Cone Penetrometer**

A Dynamic Cone Penetrometer is a hand held tool which is manually utilised to test the ground stiffness. Using this tool to test the ground consists of manually lifting and dropping the hammer part which in turn puts pressure on the pointed end causing it to penetrate the ground. The measurement of penetration determines the stiffness of the soil.

DCP's can be viewed as a 'low risk bit of kit' however in the past serious incidents have occurred as a result of using these such as hand trapping/crushing from the hammer, and manual handling injuries due to the weight of the DCP.

Penetrating the ground with a pointed object such as this could also present a risk of striking a shallow buried service.



Example DCP diagram

- Consider the alternative methods or equipment for CBR testing to ensure most appropriate tool is used.
- Ensure employees are trained in the use of dynamic cone penetrometer's.
- Always use caution to avoid pinching fingers between the hammer and anvil. Do not hold the DCP near the anvil area.

Document Number:

Template Number: 1EW04-LMJ-HS-TEM-N000-000055\_P01

Author: Hollie Ridley hiddey@lm-jv.com Approver: Jamie Falconer jfalconer@lm-jv.com Date: 13/01/2010 Page 1 of 1

Exceeding Expectations
Everywhere Safely



# CityFibre

# SAFETY BULLETIN SB012

#### Ignition of Gas service following a strike

On Friday the 29th November at 14:30 CityFibre were informed of a high potential strike Incident. City/Fibre's Principal Contractor (PC) reported a combined gas and electric strike, resulting in ignition of the gas.



#### What Happened:

Executive Summary - On Friday the 29th November at 14:30 CityFibre were informed of an Incident in an FTTH City. CityFibre's Principal Contractor (PC) reported a combined gas and electric strike, resulting in ignition of the gas. SGN (Gas Network) and the emergency services were called to support in the incident. SGN and PC worked to make the area safe, no injuries were reported and the road was closed as a precaution whilst the repair was made. The cables were lowered, trench backfilled and area made safe with full reinstatement undertaken the following morning.

The strike was on both Electric - 35mm & Gas - 25mm service connections to a property. The services had been laid in a combined utilities trench. There were no safety indicative markers such as tiles or tape present in the trench, nor was there any distinct separation or sand split between the two utilities. The utilities were buried significantly shallower than specified with by NJUG (Industry guidelines).

The fire was extinguished by 17:00, with PC supporting 3GN engineers by hand digging to expose the damaged plant and electricity cables. By 19:00 the electric supply was restored. A temporary reinstatement was made of the excavation and the PC returned in the morning to permanently reinstate the works.





1.	Ensure all teams are briefed on the STREET WORKS LIK GUIDANCE ON THE POSI-
	TIONING AND COLOUR CODING OF UNDERGROUND UTILITIES' APPARATUS
2.	Ensure that Safe Dig Techniques are followed as per
g.,	Ensure service drawings are in date and fully reviewed prior to any excavation work
4.	Use the CAT & Genny together (in avoidance mode). We recommend the use of the ECAT4+ and version 4 Genny so that Survey results can be recorded electronically. This will aid the identification of correct usage and level of usage. All operators of the equipmen must be trained and competent to use.
s.	Safe systems of work such as risk assessments and method statements are in place and understood.
6.	All strikes must be reported to incidents@cityflbre.com as detailed in the contractors con- tract and/or construction phase plan.
0	the event of a utility service strike;
1	AND MERIL ST. R. MARINE ORI FIVE ORIFICE.
	ANY MEMORY OF THE VEHICLE
-	
-	
Jac	
Jac	

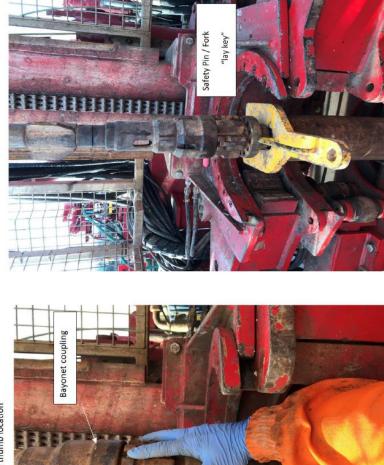


## **Other Safety Information**









# **Marine GI Injury Circumstances**

Predicted thumb location

Inner Barrel 46kg



Geobore casing









# Safety Alert Ground Investigation Rig, Wire Rope Failure

#### 27th January 2020

## **Background information**

During ground investigation works on the A303 Amesbury to Berwick Down project a wire rope used for retrieving drilling equipment failed.

The incident took place on Wednesday 27<sup>th</sup> November 2019 whilst a Massenza MI3 rotary drilling rig was recovering Standard Penetration Test (SPT) rods. During the extraction process the wire cable lifting the load broke resulting in the rods falling back into the sample hole.

The investigation found that the failure was due to the operator lifting the rods too high causing the clamped end of the rope to come into contact with the masts winch guide, the damage and excess stress causing the rope to break.

Further findings include, a 10mm wire rope which had been tested with the rig had been replaced with a 5mm rope. There was no indication that the 5mm rope had been tested, certificated or modified and there was no evidence of a pre-works visual inspection.

The investigation also found that there was discrepancies between the safe working load of the wire, the winch pull capability and the understanding of these factors amongst the operators.

At the time of wire rope failure all operatives were located a safe distance from the operation and therefore no injuries were sustained as a result of the incident.



## Lessons Learnt

- Ensure that Principal Contractors are sufficiently planning, managing and monitoring Ground Investigation operations.
- Drill operators are competent to undertake the tasks they have been assigned.
- Drill teams have read and understood the appropriate safe systems of work.
- All lifting equipment has a LOLER certificate.
- Tested equipment is tagged, colour coded or has a clear system for ensuring that operators can understand what equipment has been tested.
- Any modifications to lifting accessories (ropes, shackles etc.) are recorded and clear.
- Pre-use checks are undertaken and the lifting equipment is in good condition without excessive damage.

If you have any queries about this safety alert information announcement or any other safety announcement then please contact lan.Scott@highwaysengland.co.uk HEi141 home safe and well



**Other Safety Information** 



## Safety 3-4-3 and Fleet 3-4-3

The publication of the Safety 3-4-3 and Fleet 3-4-3 is due in mid-March 2020 and will be sent out in a separate email to all ACS Rail clients.

