







## **Monthly Topics**

- MY-Sentinel
  - Manage your Sentinel PTS card online and receive emails regarding your competency expiry dates
- 24 hour on call
- CIRAS



## You My-Sentinel profile?

All PTS / Sentinel holders can access their Sentinel profile to check their personal details.

For example you can input your next of kin details in case of an emergency, change your photograph and also see when your competencies expire

You can view who your primary and sub sponsors are, and contact them via the Sentinel Portal.

## Is your Card in date allowing you to go on or near the line.?

In partnership with your sponsoring companies, you also have a responsibility to ensure that your Sentinel card is valid, and the My-Sentinel portal allows you to confirm that your competencies are valid and view your medical expiry date.

Keep on reading to see how you can set up email alerts so that you are notified when competencies are due to expire.

## **My Sentinel**

Resourcing Solutions MATCHTECH 5

**Go to:** <a href="https://www.mysentinel.me/Account/LogOn/?ReturnUrl=/">https://www.mysentinel.me/Account/LogOn/?ReturnUrl=/</a> and create a user account.



# Please log in.

| Sentinel number |          |  |
|-----------------|----------|--|
| Password        |          |  |
| Login           | Register |  |

## **Once logged in select "Account Settings"**



Home

Logout

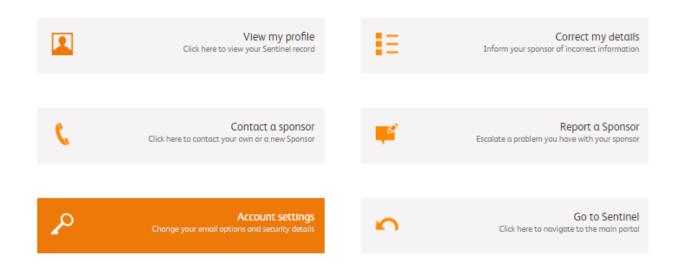




## Welcome.

Your mySentinel page allows you to view your profile – that's the details held about you on Sentinel. You can also ask to get your details amended from here if you believe there is something incorrect.

If you want to start working for a new sponsor, you can contact them from this page. Occasionally, working relationships can go wrong and if you are unhappy with the way you have been treated by a sponsor you can contact Network Rail here.



## Then click on "change email settings"



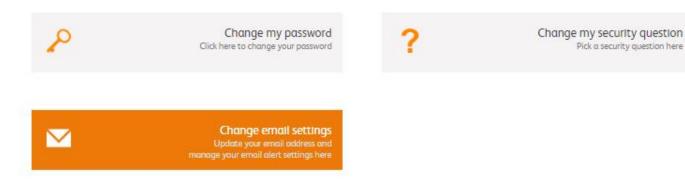
Logout





Security details.

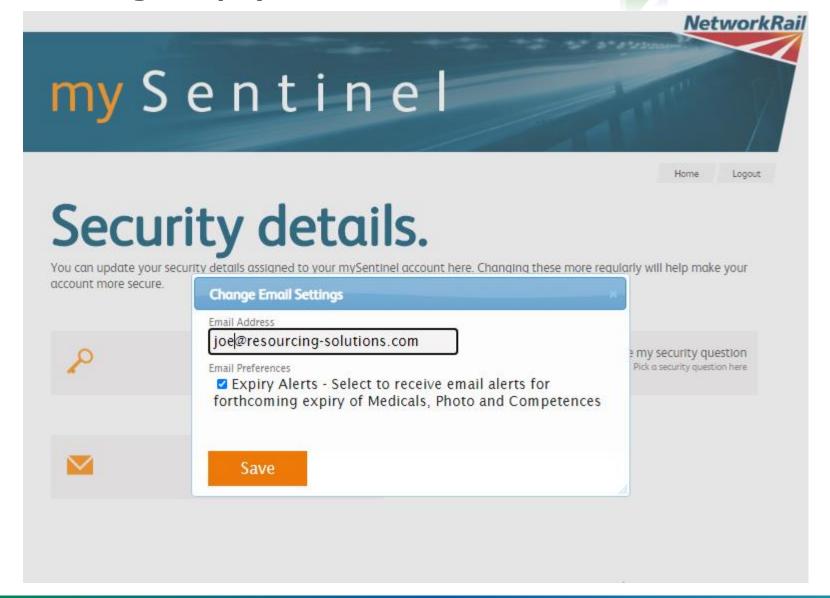
You can update your security details assigned to your mySentinel account here. Changing these more regularly will help make your account more secure.



# Update your email address and select the tick box below it to get Expiry Alerts







### Click on "view my Profile"



Home

Logout

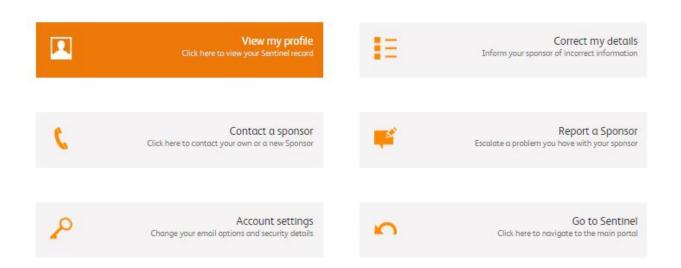




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# This will bring up your current Sentinel card including Sponsors, competencies etc...





#### **Current Sponsorship**

Primary Sponsor

Resourcing Solutions Limited

Sub-Sponsor

None

#### Competences

| Category                     | Valid  | Valid Until Date  | Expiry Date                 |
|------------------------------|--|---|-----------------------------|
| Track Safety                 | ✓  | 01/05/2021  | 01/05/2021                  |
| Track Safety                 | ✓  | 01/05/2021  | 01/05/2021                  |
| Track Safety                 | ✓  | 01/05/2021  | 01/05/2021                  |
| Track Engineering            | ✓  | 05/07/2065  | 05/07/2065                  |
| Track Safety                 | ✓  | 15/03/2062  | 15/03/2062                  |
| Rail Plant                   | ✓  | 28/02/2025  | 28/02/2025                  |
| Health, Safety & Environment | ✓  | 10/11/2022  | 10/11/2022                  |
| Health, Safety & Environment | ✓  | 10/11/2022  | 10/11/2022                  |
| OLE Engineering              | ✓  | 17/04/2070  | 17/04/2070                  |
|                              | Track Safety Track Safety Track Safety Track Engineering Track Safety Rail Plant Health, Safety & Environment Health, Safety & Environment | Track Safety  Track Safety  Track Safety  Track Engineering  Track Safety  Rail Plant  Health, Safety & Environment  Health, Safety & Environment | Track Safety              ✓ |

#### **Takedowns**

No data available.

# If your details are wrong then select "correct my details"



Home

Logout

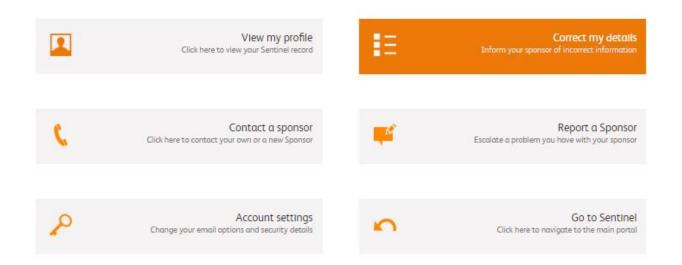




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# You will then have the opportunity to email the problem directly to your primary sponsor



Logout





## Correct your details.

Please detail any errors and corrections in your Sentinel data in the text box below. When you click the send button, this information will be e-mailed to your primary sponsor, Resourcing Solutions Limited.

| ted details |  |
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## Safety briefing links?

#### **Safety Central**

• Network Rail share updates of recent incidents, accidents and best practice advice online. Please get into the habit of checking this website for the latest news;

https://safety.networkrail.co.uk/tools-resources/safety-bulletins/

#### **Southern Shield**

• Southern Shield is a collaborative safety forum that consists of Network Rail Southern Capital Delivery and its principal contractors. On their website they have useful articles and explain the rules of the Southern Shield charter, which a re mandatory on some southern sites.

### https://www.southernshield.co.uk/

#### **Resourcing Solutions Monthly briefings**

• Add this website address to your browser favourites to ensure that you always have access to the Network Rail Rulebook modules (Via RGS online, standards catalogue) as well as all previous monthly rail briefings.

https://www.resourcing-solutions.com/health-and-safety-briefings

### **Contact The rail team.**

### 24 hour on call - 07786 265531

Use this on-call number if you need to contact someone from the company urgently, for example to report an accident / incident or if you are being pressured to do something that you are not comfortable with, such as being asked to exceed the working hours rules etc...

#### Store this number in your phone in case of an emergency.

This number is **not to be used** to query timesheets or to enquire about vacancies, it is an emergency contact number.

• If you would like to suggest a topic for future safety briefings, or need to talk to someone in confidence then email the Rail HSQE manager Joe Christopherson; <a href="mailto:jchristopherson@resourcing-solutions.com">jchristopherson@resourcing-solutions.com</a>



Report hotline: 0800 4 101 101

Report textline: 07507 285 887

Freepost: CIRAS www.ciras.org.uk